



## Function of cell parts

- Nucleus – controls the cell, contains DNA
- Cell membrane – allows substances in and out
- Cell wall – shape, structure, support
- Mitochondria – respiration
- Ribosomes – make protein
- Vacuole (plant only) – stores water and sap
- Chloroplast (plant only) - photosynthesis
- Cytoplasm – liquid that fills the cell, chemical reactions occur here

## Magnification

- Magnification = Image size  $\div$  actual size
- Magnification = eyepiece lens x objective lens

## Eukaryotic cells

- Have a nucleus. Eg. Animal, plant cells

## Prokaryotic cells

- Do not have a nucleus. Eg. bacteria

## Stem cells

- Mainly found in the embryo
- Can differentiate – this means turn into any other type of cell

## The cell cycle

- Stage 1 – chromosomes and cell organelles copied
- Stage 2 – called mitosis. Chromosomes move to each end of the cell
- Stage 3 – called cytokinesis. Cell splits into two identical cells
- Cell cycle needed for growth and repair

## Diffusion

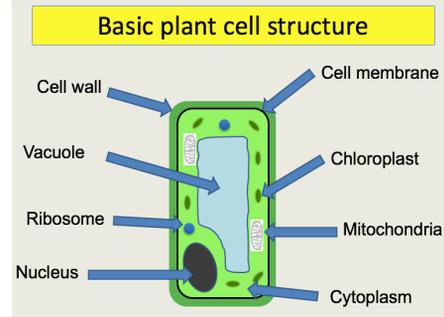
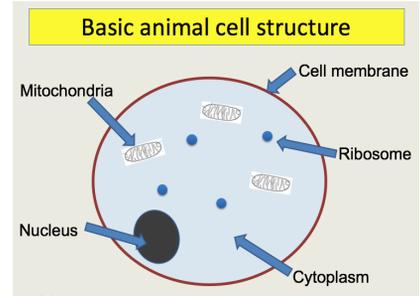
- Movement of particles
- From a high concentration to a low concentration

## Osmosis

- Movement of water
- From a high concentration to a low concentration
- Across a partially permeable membrane

## Active transport

- Movement of mineral ions
- From a low concentration to a high concentration
- Requires input of energy





## Organisation

- Cells are the basic building blocks of all living organisms
- Tissues are groups of cells with a similar structure and function
- Organs are groups of tissues performing specific functions
- Organs are grouped into organ systems, which work together to form organisms

## Food tests – reagents (chemicals) needed and colour change

- Sugar – Benedict’s reagent, blue → green → orange → red
- Starch – Iodine, orange → blue-black
- Protein – Biuret reagent, blue → purple
- Lipids – ethanol, clear → cloudy

## Digestive system

- Bile is made in the liver and stored in the gall bladder
- Bile is alkaline to neutralize hydrochloric acid from the stomach
- Bile emulsifies fat to form small droplets which increases the surface area

## Enzymes

- Enzymes work by the lock and key method - special shape is called the active site
- Active site can be changed by high or low temperatures and pH
- An enzyme with a damaged active site is denatured

Name of enzyme	Where made in the body	Breaks down → into
Amylase	Salivary glands, pancreas, small intestine	Starch → glucose
Protease	Stomach, pancreas, small intestine	Protein → amino acids
Lipase	Pancreas, small intestine	Lipids → fatty acids + glycerol

## Structure of the blood

- Red blood cells – contain haemoglobin to carry oxygen, bi-concave shape for large surface area
- White blood cells – defends against pathogens
- Platelets – cause blood to clot
- Plasma – liquid part of the blood, carries CO<sub>2</sub>, hormones and nutrients

## The heart

- Right side carries deoxygenated blood
- Right side pumps blood to the lungs to collect oxygen
- Left side carries oxygenated blood
- Left side thicker to pump blood all around the body
- Heart has 4 chambers
- Pacemaker cells found in the right atrium



## Blood vessels

- Arteries – thick muscular walls, blood under high pressure, takes blood away from the heart
- Veins – large lumen, lower pressure, valves prevent backflow of blood, takes blood to the heart
- Capillaries – one cell thick to allow diffusion of oxygen and nutrients into cells and CO<sub>2</sub> out of cells

## Heart disease

- Layers of fatty material build up inside arteries, reducing flow of blood and oxygen
- Stents used to keep the arteries open
- Statins used to reduce build up of fatty material
- Faulty heart valves can be replaced with biological or mechanical valves

## The lungs

- Air enters the lungs via the trachea (windpipe) and bronchi
- Alveoli are tiny air sacs surrounded by capillaries
- Alveoli have large surface area and thin walls to allow diffusion of gases

## Plant tissues

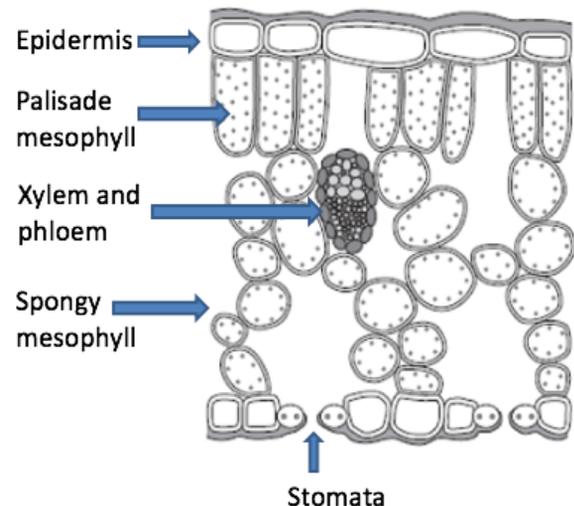
- Epidermal tissues
- Palisade mesophyll
- Spongy mesophyll
- Xylem and phloem
- Meristem tissue found at the growing tips of shoots and roots
- The leaf is a plant organ

## Plant structures

- Root hair cells have a large surface area to allow absorption of water and mineral ions
- Xylem vessels transport water and mineral ions from roots to leaves
- Phloem tubes transport sugars around plants
- Movement of sugars in plants is called translocation
- Stomata and guard cells in leaves control gas exchange and water loss

## Transpiration

- Movement of water through a plant
- Water enters through root hair cells
- Factors that increase rate of transpiration include:
  - Increasing temperature
  - Increasing air movement
  - Increasing light intensity
  - Reducing humidity





## Pathogens

- Pathogens are microorganisms that cause infectious disease
- Bacteria – may produce toxins that damage tissues and make us feel ill
- Virus – live and reproduce inside cells
- Fungi
- Protists

Disease	Pathogen that causes it	How it is spread
Salmonella	Bacteria	Under cooked food
Gonorrhoea	Bacteria	Sexual contact
Measles	Virus	Airborne
HIV	Virus	Sexual contact, sharing needles
Tobacco mosaic virus	Virus	Direct contact
Rose black spot	Fungus	Airborne or through water
Malaria	Protist	Mosquito vector

## Human defence systems

- Skin – physical barrier
- Nose and trachea – have ciliated cells and mucus to trap and remove pathogens
- Stomach – contains acid that destroys pathogens

## White blood cells

- Phagocytes – engulf and digest pathogens
- Lymphocytes – produce antibodies
- Antitoxins produced to neutralize toxins

## Vaccination

- Introducing small quantities of dead or inactive pathogens
- Stimulates white blood cells to produce antibodies
- If the same pathogen re-enters the body the white blood cells quickly produce the correct antibodies

## Antibiotics and other drugs

- Antibiotics only kill bacteria
- The heart drug digitalis comes from foxgloves (a plant)
- Aspirin comes from willow (a plant)
- Penicillin comes from a fungus



## Photosynthesis

- Carbon dioxide + water  $\rightarrow$  glucose + oxygen
- $6\text{CO}_2 + 6\text{H}_2\text{O} \rightarrow \text{C}_6\text{H}_{12}\text{O}_6 + 6\text{O}_2$
- Photosynthesis is an endothermic reaction
- Energy is transferred from the environment to the the chloroplasts by light

## Limiting factors of photosynthesis

- Temperature
- Light intensity
- Carbon dioxide concentration

## Uses of glucose produced by photosynthesis

- Respiration
- Converted into starch for storage
- Used to produce fat or oil for storage
- Used to produce cellulose
- Used to produce amino acids

## Respiration

- An exothermic reaction which is continuously occurring in living cells
- Organisms need energy for chemical reactions, movement and keeping warm

## Aerobic respiration

- Glucose + oxygen  $\rightarrow$  carbon dioxide + water

## Anaerobic respiration

- Glucose  $\rightarrow$  lactic acid

## Response to exercise

- Heart rate and breathing rate increase
- To supply muscles with more oxygenated blood
- If not enough oxygen is supplied lactic acid builds up

## Metabolism

- The sum of all the reactions in a cell or in the body
- Metabolism includes:
  - Conversion of glucose to starch, glycogen and cellulose
  - Formation of lipid molecules
  - Use of glucose to form amino acids and then proteins
- Respiration
- Breakdown of excess protein to form urea for excretion



## Homeostasis

- The regulation of internal conditions
- Blood glucose levels
- Body temperature
- Water levels

## The central nervous system (CNS)

- Receptor cells detect a stimulus
- Electrical impulses are sent along sensory neurons
- Motor neurons send a message to an effector (muscle or gland)
- Reflex actions do not involve the conscious part of the brain
- A synapse is the gap between two neurons

## Hormones

- A hormone is a chemical messenger released by an endocrine gland
- Hormones carried in the blood to a target organ
- Hormones slower than the nervous system but effects last for longer

## Endocrine glands and hormones produced

- Pituitary gland – FSH, LH
- Pancreas – insulin and glucagon
- Thyroid – thyroxine
- Adrenal glands – adrenaline
- Ovary – oestrogen and progesterone
- Testes – testosterone

## Type 1 diabetes

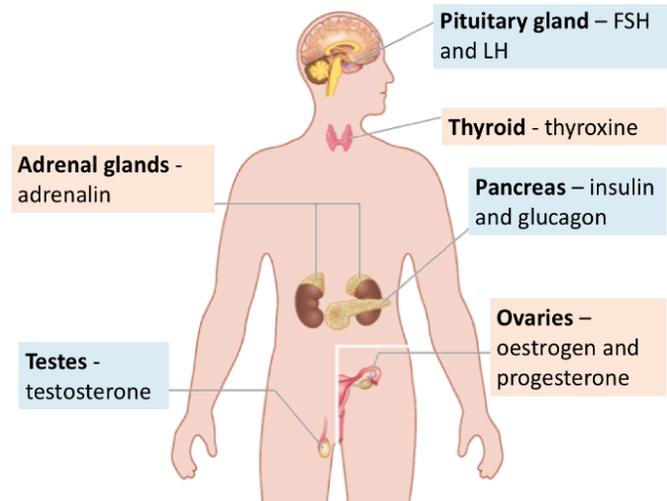
- Pancreas does not make insulin
- Have to inject insulin

## Type 2 diabetes

- Cells do not respond to insulin
- Managed by diet and exercise
- Obesity is a risk factor

## Hormones and reproduction

- Menstrual cycle takes place approximately every 28 days
- FSH causes maturation of an egg in the ovary
- LH stimulates the release of the egg (ovulation)
- Oestrogen and progesterone are involved in maintaining the uterus lining





## Sexual and asexual reproduction

- Gametes (sex cells) in animals – sperm and egg
- Gametes in flowering plants – pollen and egg
- Asexual reproduction leads to identical offspring (clones)
- Sexual reproduction leads to variation

## Meiosis

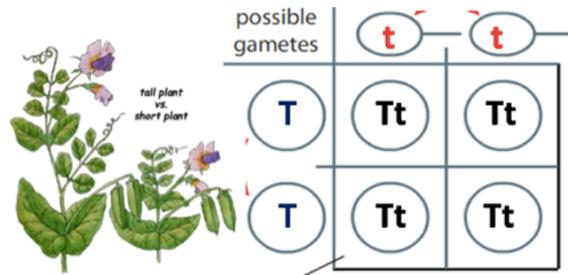
- Cells in ovaries and testes divide by meiosis to form gametes
- Cells divide twice to form four gametes
- Gametes are all genetically different and have half the number of chromosomes

## DNA and genome

- The genome of an organism is the entire genetic material
- DNA is a double helix structure, 4 base pairs (A-T, C-G)
- A gene is a small section of DNA

## Inheritance

- Alleles are different forms of the same gene
- Genotype is the genes in an organism eg. Bb
- Phenotype is the physical characteristic eg. White flowers
- Dominant alleles are always expressed
- Bb = heterozygous                      BB and bb = homozygous
- Male chromosomes are XY                      Female chromosomes are XX
- Polydactyly (having extra fingers or toes) is caused by a dominant allele
- Cystic fibrosis (a disorder of cell membranes) is caused by a recessive allele



## Evolution

- A change in the environment causes competition
- The best adapted survive, reproduce and pass on their genes
- Evidence for evolution found in the fossil record

## Selective breeding

- Desired characteristics are selected, these animals or plants are bred together
- Offspring that show the desired characteristic are bred together

## Genetic engineering

- A process which involves modifying the genome of an organism by introducing a gene from another organism

## Classification

- Three domain system – archaea, bacteria and eukaryote
- All organisms have a binomial name eg. Humans are *Homo sapiens*



## Abiotic factors

- Non-living factors that affect a community
- Light intensity
- Temperature
- Water levels
- Soil pH
- Wind intensity
- O<sub>2</sub> and CO<sub>2</sub> levels

## Biotic factors

- Living factors which can affect a community
- Availability of food
- Predators
- Pathogens

## Adaptations

- Structural – physical features. Eg. Thick fur, spiky leaves
- Behavioural – things organisms do to survive. Eg. Hide from predators
- Functional – things that help an organism survive. Eg. Photosynthesis in plants

## Food chains

- Always start with a producer – usually a green plant or alga which makes glucose by photosynthesis
- Producer → primary consumer → secondary consumer → tertiary consumer

## Sampling techniques - Quadrats

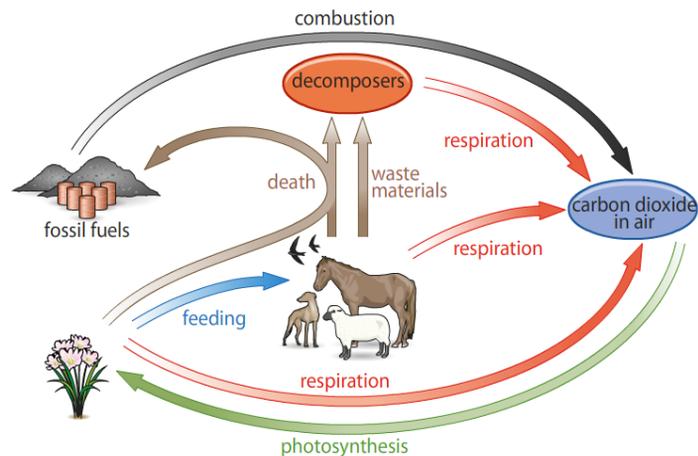
- Quadrat – hollow square frame
- Place randomly in the area you wish to sample
- Count up the number of organisms
- Repeat many times and find the average
- Multiply the average by the number of quadrats that will fit into the area

## Carbon cycle

- Respiration – organisms release CO<sub>2</sub>
- Photosynthesis – plants take in CO<sub>2</sub>
- Decomposers – release CO<sub>2</sub>
- Combustion – burning fossil fuels releases CO<sub>2</sub>

## Biodiversity

- The variety of all different species of organisms
- Ways to increase biodiversity:
  - Breeding programmes for endangered species
  - Reduction of deforestation
  - Recycling resources







# Biology Key Knowledge Paper 1

## Function of cell parts

- Nucleus – \_\_\_\_\_
- Cell membrane – \_\_\_\_\_
- Cell wall – \_\_\_\_\_
- Mitochondria – \_\_\_\_\_
- Ribosomes – \_\_\_\_\_
- Vacuole (plant only) – \_\_\_\_\_
- Chloroplast (plant only) - \_\_\_\_\_
- Cytoplasm – \_\_\_\_\_

## Magnification

- Magnification = \_\_\_\_\_  $\div$  \_\_\_\_\_
- Magnification = \_\_\_\_\_

## Eukaryotic cells

- Have a \_\_\_\_\_. Eg. \_\_\_\_\_

## Prokaryotic cells

- Do not \_\_\_\_\_. Eg. \_\_\_\_\_

## Stem cells

- Mainly found in the \_\_\_\_\_
- Can \_\_\_\_\_ – this means \_\_\_\_\_

## The cell cycle

- Stage 1 – \_\_\_\_\_
- Stage 2 – \_\_\_\_\_
- Stage 3 – \_\_\_\_\_
- Cell cycle needed \_\_\_\_\_

## Diffusion

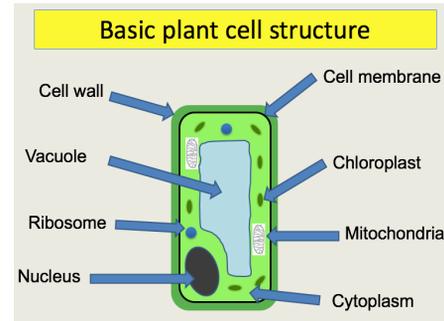
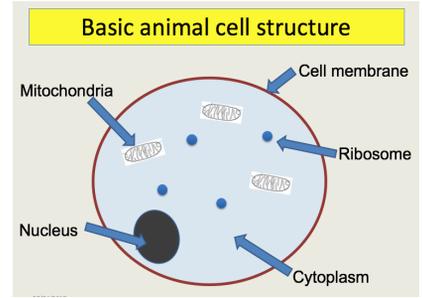
- \_\_\_\_\_
- \_\_\_\_\_

## Osmosis

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Active transport

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_





# Biology Key Knowledge Paper 1

## Organisation

- Cells are the \_\_\_\_\_
- Tissues are \_\_\_\_\_
- Organs are \_\_\_\_\_
- Organs are grouped into \_\_\_\_\_, which work together to form \_\_\_\_\_

## Food tests – reagents (chemicals) needed and colour change

- Sugar – \_\_\_\_\_
- Starch – \_\_\_\_\_
- Protein – \_\_\_\_\_
- Lipids – \_\_\_\_\_

## Digestive system

- Bile is made in the \_\_\_\_\_ and stored in the \_\_\_\_\_
- Bile is alkaline to \_\_\_\_\_
- Bile emulsifies \_\_\_\_\_

## Enzymes

- Enzymes work by the \_\_\_\_\_ - special shape is called the \_\_\_\_\_
- Active site can be changed by \_\_\_\_\_
- An enzyme with a damaged active site is \_\_\_\_\_

Name of enzyme	Where made in the body	Breaks down → into
Amylase		
Protease		
Lipase		

## Structure of the blood

- Red blood cells – contain \_\_\_\_\_ to carry \_\_\_\_\_, bi-concave shape for \_\_\_\_\_
- White blood cells – \_\_\_\_\_
- Platelets – \_\_\_\_\_
- Plasma – \_\_\_\_\_

## The heart

- Right side carries \_\_\_\_\_
- Right side pumps blood to the \_\_\_\_\_
- Left side carries \_\_\_\_\_
- Left side \_\_\_\_\_
- Heart has \_\_\_\_\_ chambers
- Pacemaker cells found in the \_\_\_\_\_

**Topic 2  
Organisation**



## Blood vessels

- Arteries \_\_\_\_\_
- Veins – \_\_\_\_\_
- Capillaries – \_\_\_\_\_

## Heart disease

- Layers of fatty material \_\_\_\_\_
- Stents used to keep \_\_\_\_\_
- Statins used to \_\_\_\_\_
- Faulty heart valves can be \_\_\_\_\_

## The lungs

- Air enters the lungs via the \_\_\_\_\_
- Alveoli are tiny \_\_\_\_\_
- Alveoli have large \_\_\_\_\_

## Plant tissues

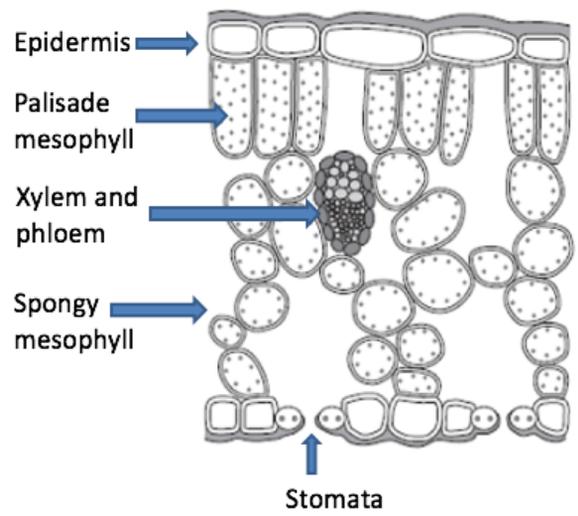
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- The leaf is a plant \_\_\_\_\_

## Plant structures

- Root hair cells have a large \_\_\_\_\_
- Xylem vessels transport \_\_\_\_\_
- Phloem tubes transport \_\_\_\_\_
- Movement of sugars in plants is called \_\_\_\_\_
- Stomata and guard cells in leaves control \_\_\_\_\_

## Transpiration

- Movement of \_\_\_\_\_
- Water enters through \_\_\_\_\_
- Factors that increase rate of transpiration include:
- Increasing \_\_\_\_\_
- Increasing \_\_\_\_\_
- Increasing \_\_\_\_\_
- Reducing \_\_\_\_\_





## Pathogens

- Pathogens are \_\_\_\_\_
- Bacteria – \_\_\_\_\_
- Virus – \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Disease	Pathogen that causes it	How it is spread
Salmonella		
Gonorrhoea		
Measles		
HIV		
Tobacco mosaic virus		
Rose black spot		
Malaria		

## Human defence systems

- Skin – \_\_\_\_\_ barrier
- Nose and trachea – \_\_\_\_\_
- Stomach – \_\_\_\_\_

## White blood cells

- Phagocytes – \_\_\_\_\_
- Lymphocytes – \_\_\_\_\_
- Antitoxins produced to \_\_\_\_\_

## Vaccination

- Introducing small quantities of \_\_\_\_\_
- Stimulates white blood cells to \_\_\_\_\_
- If the same pathogen re-enters the body the white blood cells \_\_\_\_\_

## Antibiotics and other drugs

- Antibiotics only kill \_\_\_\_\_
- The heart drug digitalis comes from \_\_\_\_\_
- Aspirin comes from \_\_\_\_\_
- Penicillin comes from \_\_\_\_\_



## Photosynthesis

- \_\_\_\_\_ + \_\_\_\_\_ → \_\_\_\_\_ + \_\_\_\_\_
- $6\text{CO}_2 + 6\text{H}_2\text{O} \rightarrow \text{C}_6\text{H}_{12}\text{O}_6 + 6\text{O}_2$
- Photosynthesis is an \_\_\_\_\_ reaction
- Energy is transferred from the environment to the the \_\_\_\_\_ by \_\_\_\_\_

## Limiting factors of photosynthesis

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Uses of glucose produced by photosynthesis

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Respiration

- An \_\_\_\_\_ reaction which is continuously occurring in living cells
- Organisms need energy for \_\_\_\_\_

## Aerobic respiration

- \_\_\_\_\_ + \_\_\_\_\_ → \_\_\_\_\_ + \_\_\_\_\_

## Anaerobic respiration

- \_\_\_\_\_ → \_\_\_\_\_

## Response to exercise

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Metabolism

- The sum of all the \_\_\_\_\_
- Metabolism includes:
- Conversion of glucose to \_\_\_\_\_
- Formation of \_\_\_\_\_
- Use of glucose to form \_\_\_\_\_
- \_\_\_\_\_
- Breakdown of excess protein to form \_\_\_\_\_



## Homeostasis

- The regulation of \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## The central nervous system (CNS)

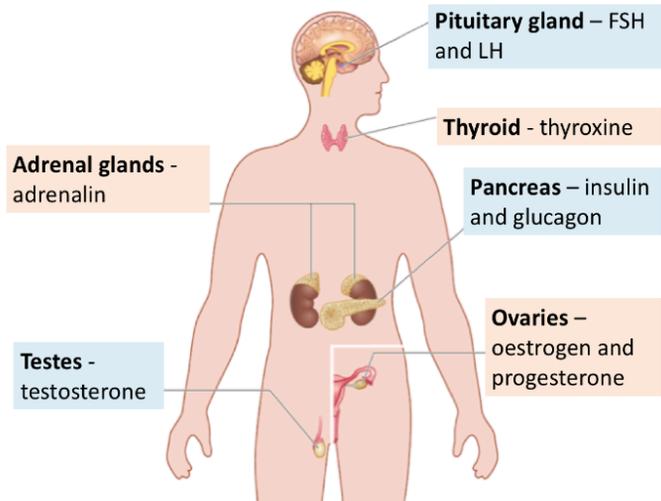
- Receptor cells detect a \_\_\_\_\_
- Electrical \_\_\_\_\_ are sent along \_\_\_\_\_
- Motor neurons send a message to an \_\_\_\_\_
- Reflex actions do not involve \_\_\_\_\_
- A synapse is \_\_\_\_\_

## Hormones

- A hormone is a \_\_\_\_\_
- Hormones carried \_\_\_\_\_
- Hormones slower \_\_\_\_\_

## Endocrine glands and hormones produced

- Pituitary gland – \_\_\_\_\_
- Pancreas – \_\_\_\_\_
- Thyroid – \_\_\_\_\_
- Adrenal glands – \_\_\_\_\_
- Ovary – \_\_\_\_\_
- Testes – \_\_\_\_\_



## Type 1 diabetes

- Pancreas \_\_\_\_\_
- Have to \_\_\_\_\_

## Type 2 diabetes

- Cells do not \_\_\_\_\_
- Managed by \_\_\_\_\_
- Obesity is a \_\_\_\_\_

## Hormones and reproduction

- Menstrual cycle takes place \_\_\_\_\_
- FSH causes \_\_\_\_\_
- LH stimulates \_\_\_\_\_
- Oestrogen and progesterone are \_\_\_\_\_



## Sexual and asexual reproduction

- Gametes (sex cells) in animals – \_\_\_\_\_
- Gametes in flowering plants – \_\_\_\_\_
- Asexual reproduction leads to \_\_\_\_\_
- Sexual reproduction leads to \_\_\_\_\_

## Meiosis

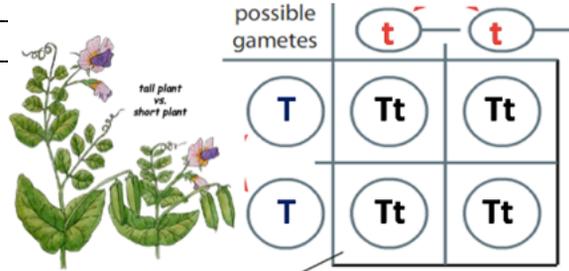
- Cells in ovaries and testes divide by meiosis to form \_\_\_\_\_
- Cells divide \_\_\_\_\_ to form \_\_\_\_\_ gametes
- Gametes are all \_\_\_\_\_ and have half the number of \_\_\_\_\_

## DNA and genome

- The genome of an organism is \_\_\_\_\_
- DNA is a \_\_\_\_\_
- A gene is a \_\_\_\_\_

## Inheritance

- Alleles are \_\_\_\_\_
- Genotype is \_\_\_\_\_
- Phenotype is \_\_\_\_\_
- Dominant alleles \_\_\_\_\_
- Bb = \_\_\_\_\_ BB and bb = \_\_\_\_\_
- Male chromosomes are \_\_\_\_\_ Female chromosomes are \_\_\_\_\_
- Polydactyly (having \_\_\_\_\_) is caused by a \_\_\_\_\_ allele
- Cystic fibrosis ( \_\_\_\_\_) is caused by a \_\_\_\_\_ allele



## Evolution

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Selective breeding

- \_\_\_\_\_
- \_\_\_\_\_

## Genetic engineering

- A process which involves modifying the \_\_\_\_\_ of an organism by introducing a gene from \_\_\_\_\_

## Classification

- Three \_\_\_\_\_ system – \_\_\_\_\_
- All organisms have a \_\_\_\_\_ name eg. Humans are *Homo sapiens*



## Abiotic factors

- \_\_\_\_\_ factors that affect a community
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Biotic factors

- \_\_\_\_\_ factors which can affect a community
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Adaptations

- Structural – \_\_\_\_\_
- Behavioural – \_\_\_\_\_
- Functional – \_\_\_\_\_

## Food chains

- Always start with a \_\_\_\_\_ – usually a \_\_\_\_\_ which makes glucose by \_\_\_\_\_
- Producer → \_\_\_\_\_ → \_\_\_\_\_ → \_\_\_\_\_

## Sampling techniques - Quadrats

- Quadrat – \_\_\_\_\_
- Place \_\_\_\_\_
- Count up \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Carbon cycle

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Biodiversity

- \_\_\_\_\_
- Ways to increase biodiversity:
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

