PSCHE Curriculum Intent - Year 10

Area	What?	Why?
SRE	 Online Safety, Coercion/Radicalisation, Sexting Sex and Alcohol Under Close Examination Self-Respect, Assertiveness (Saying No), Contraception, Teenage Pregnancy Mental Health, Positivity, Happiness, Stress Exercise for Heath 	 The Internet/Social Media can be misused by some to coerce others into taking part in unsuitable and illegal activity including sexual activity, sharing images and Radicalised behaviour (hate crime). Engaging in Sexual activity, Alcohol and Drugs carries risks to Physical, Social and Mental Health. You are in control of your body. Others need to respect this at all times. Your choices will have implications if you do not take precautions (e.g., teenage pregnancy) Recognising issues like depression, stress and anxiety help greatly in developing a positive Mental Health. Exercise has a positive effect on your general Social, Physical and Mental Health.
Citizenship	 Equal Opportunities Human Rights and Responsibilities, Denial of Rights and issues Conflict/Resolution and Peace 	 In the UK everyone is born equal and has Equal Opportunities. Your Human Rights are protected by Law and Policies, including those who face it being abused such as Prejudice towards Ethnic groups, Modern Slavery and FGM (Female Genital Mutilation). When Relations break down between groups/peoples too often Conflict is the response. Peace and Conflict Resolution is a better path to all our futures.
Careers	 Exploring the World of Work, pathways and requirements Post-16 pathways including College/Placement investigations Post-18 options CVs 	 The job you want in the future has to be planned for and decisions made now can help you on the pathway. Post-16 you have options such as College, Sixth Form and Apprenticeships. Post-18 you can choose to enter fulltime work or further study towards your goal. A CV (Curriculum Vitae) is a short document that lists who you are, your skills and background to prospective employers/project leaders.
Finance	 Getting Paid Bank Accounts and Statements Credit, Debit and Borrowing issues 	 A key benefit of working is being paid; from your wages, Tax, National Insurance and other deductions pay for services you access. Understanding how Bank accounts are used to manage finances enable us to track and use our money effectively for the future. Credit is your money available; Debit is the money that will be taken out of your finances. Borrowing/Lending must be planned carefully to avoid Financial Difficulties.