





Area	What?	Why?
<p>SRE</p> 	<ul style="list-style-type: none"> • Friendship groups, Family Structures, Family Pressures. • Respecting Others, Bullying • Puberty, • Personal Safety, Staying Clean, Dental Health, Knife Crime, First Aid • Social Media • Online Safety, Reporting Abuse 	<ul style="list-style-type: none"> • Positive Relationships have a large impact on our daily lives; it is important to have Good Friends and a Supportive Family, in whatever form. • Having respect for others helps to develop our own self-confidence and mental health. • Puberty is a time when our bodies change from a child to a young adult; Physically and Mentally. • Maintaining our Personal Safety includes; Healthy Diets, Good Hygiene, Road Safety, avoiding Crime (Knife) and how to help in a crisis with Basic First Aid., • Using Social media appropriately, helps to keep ourselves safe online and prevent many Mental Health issues such as Stress, Anxiety and Negative Self Confidence. • There are many places you can report online issues/abuse, such as CEOP, Childline and the Police.
<p>Citizenship</p> 	<ul style="list-style-type: none"> • Rights and Responsibilities • Young People and the Law • Parliament, Voting 	<ul style="list-style-type: none"> • Human rights are based on important principles like dignity, fairness, respect and equality. They protect you in your daily life regardless of who you are, where you live or chose to live your life. • Laws are systems of rules we all follow to keep everyone safe, if you break the law there are consequences. • Every UK Citizen has the right to vote at 18; this means we all have a say in choosing the government and certain decisions.
<p>Careers</p> 	<ul style="list-style-type: none"> • What are your interests • Career Goals • Personal Values and Attributes 	<ul style="list-style-type: none"> • Interests help to shape what careers we might like to do in the future. • Career goals are part of aspiring to work towards a dream career. • Knowing your Personal Values and Attributes helps you to develop the skills you need for the future.
<p>Finance</p> 	<ul style="list-style-type: none"> • How do you feel about Money? • Using and monitoring money • Buying choices 	<ul style="list-style-type: none"> • Understanding how money works is part of modern life and economics. • Many people are nervous, or are not confident about how to use money effectively without going into debt. • Buying choices are based on what we can afford now or how long it will take to save for.