



Chesterton Community Sports College

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Dear Parent/Guardian,

I am writing to inform you of our recent changes to our PE departmental safe practice policy.

Pupil safety during their PE lessons is paramount to us as a school. We wish for your child to be able to participate safely and enjoy being active in a range of sporting activities.

Our policy is driven by the Association for Physical Education publication 'Safe Practice in Physical Education, School Sport and Physical Activity 2016' that is endorsed by the Government and worded so that, '*specific personal protective equipment wear is highly advised.*

Football: Shin guards

Hockey: Shin guards and gum guards

Rugby: Gum guards.

'Failure to wear personal protective clothing results in non participation from any contact practices during a lesson'.

In essence this means that if your child is performing in either football, rugby or hockey then they will need to bring the advised protective equipment for lesson. If they fail to do so then they will not be able to participate in any elements of the game that would involve potential contact.

As an alternative they will have activities in the sport that do not involve any elements of contact.

Shin guards and gum guards are readily available from a number of local sports shops as well as online:

Sports Direct, Freeport Outlet Mall, Talke Pits, ST7 1UH

Sports Direct, Castle Walk, Newcastle Under Lyme, ST5 1AN

JD Sports, intu Potteries, 1096 Potteries Way, Stoke-on-Trent, ST1 1PS

JD Sports, Castle Walk, Newcastle Under Lyme, ST5 1AN

Gum guards can be purchased from as little a £2.99 and shin guards from £2.50

May I thank you for your understanding and support for safe practice in PE. If you have any questions please don't hesitate to contact me.

Yours sincerely,

Mr D Maxted
(Head of PE)

