

Be The Best You Can Be With CCSC



FINAL WEEK

Friday 21st July 2023



Whole School Rewards "Be the Best You Can Be"

Reward 1 – Scan 25 event logs to receive a voucher at the end of half term.

Reward 2 – Zero Conduct Log! If you get NO conduct logs in a week (Sunday to Sunday), you will get entered into a lucky dip. A prize for one person, per year group, per week will be announced in Monday's newsletter.

Reward 3 – For every WEEK you receive ZERO conduct logs you get 1 ticket for entry into a lucky dip prize draw. 1 prize for each year group! At the end of each half term ALL tickets are entered into a BIG lucky dip prize draw for a bigger prize, again 1 prize per year!

Reward 4 – Event Log Plus – each teacher makes one phone call home per week to someone who has really impressed them for every pupil who has had a phone call, they will enter a lucky dip draw. There will be ONE weekly winner who will be announced in the newsletter.

Reward 5 – Outstanding Work Submissions. There will be ONE weekly winner who will be announced in the newsletter.

Reward 6 – At the end of each half term, we present prizes for the Best Boy and Best Girl in each year group. We also do Best Form in each year, Best House and Best Attendance!

Reward 7 – Every pupil who has 100% attendance for that week will be entered into a lucky dip!

Reward 8 – Reward afternoons and Rewards Day – more information to follow!

SO, let's all keep working hard and keep our fingers crossed for our weekend prize draws- a winner in every year group for every category!



End of Year 2022-2023

	Year 7	Year 8	Year 9	Year 10
Event Logs	★ 33,595 ★	31,568	23,374	24,928
Event Logs Per Pupil	★ 194.19 ★	185.61	145.18	140.04
Conduct Logs	★ 2400 ★	5926	5960	6080
Conduct Logs Per Pupil	★ 13.87 ★	34.65	37.02	34.16
Students with Zero Conduct Logs	44 (25%)	★ 49 (28%) ★	34 (21%)	41 (23%)
Students with 0, 1 or 2 Conduct Logs	★ 78 (45%) ★	74 (43%)	60 (37%)	63 (35%)
Top 3 Students	Oliver Hobbs 455 Sean Taperek 347 Brooke Kirby 3331	Lucas Davison 330 Sienna Jones 327 Holly Moran 318	Lois Walklett 351 Alexis Hampton 348 Mikala Harrison 320	Alfie Poole 296 Lexi Bicklet 285 Rubie Comlet 274

Year 7	Year 8	Year 9	Year 10
Marson, Freya	Davison, Lucas	Richards, Libby	Storey, Tia
Addis, Eva	Dawson, Thomas	Salt, Alistair	Turner, Isabella
Baddeley, Myley	Duff, Maisy	Stanier-Filip, William	Walklett, Lois
Brearley, Amelia	Firkins, Kelsey	Walsh, Jacob	Washington, Scarlett
Bryan, Lily	Harper, Layla	White, Oliver	Watt, Sarah
Burnett, Ocean-Paige	Houghton, Tayo	Wilkinson, Freya	Yeomans, Isabella
Cartwright, Megan	Heathcote, Caitlin	Woodward, Maisie	Rutter, Holly
Cassidy, Luke	Henderson, Ruby	Ahmed, Aafreen	Shone, Leanne
Caulcott, Leah	Hill-Morey, Lydia	Barber, Maisie	Smith, Ellie
Clarke, Freddie	Hobson, Ellenor	Ballard, Thomas	Bediako, David
Cofax, Ryley	Hood, Logan	Barber, Lucie	Smith, Freddie
Cooper, Dillon	Hughes, Marcus	Barlow, Stephen	Smith, Logan
Cooper, Dominic	Johnson, Leah	Blackshaw, Poppy	Brian, Abigail
Cosens, Tilly	Jones, Sienna	Booth, Lennon	Stanier-Filip, Thaleia
Dale, Lexi	Ladley, Ellouise	Colclough, Casey	Cooper, Ethan
Daley, Cara	Lea, Holly	Colley, Ruby	Sumner, Leo
Downing, Miley	Leonard, Joshua	Conyon, Eleanor	Cummins-Bloor, Keira
Egan, Joshua	Leonard, Ryan	Cornwell, Lewis	Tench, Oliver
Gould-Smith, Mia	LIM, Stephy	Dodd, Freya	Foster, Sam
Groden, Stephen	Locock, Madison	Eardley, Lucas	Waters, Angelena
Harrison, Maddison	Mellenchipp, Zakk	Elliott, Reece	Griffiths, Pheobe
Henry, Michelle	Miller, Ellie	Finney, Lyla	Groden, Eli
Hobbs, Oliver	Miller, Lilliah	Gorman, Libby	Halfpenny, Luke
Hodgkinson, Mya	Moran, Holly	Hardy, Oliver	Hand, Imogen
Hood, Dylan	Murphy, Mia	Harrison, Mikala	Henry, Brianna
Jackson, Bethany	Murray, Ryan	Huxley, Sadie	Higginbottom, Emily
Jastrzebska, Agata	Nelson, Orla	Kent, Ky	Hunt, Tallula
	O'Donnell, Phoebe	Matthews, Theo	Jones, Gabriella
	Buxton, Daisy-Boo	Mountford, Erin	Lycett, Hope
	Constantinides, Lenya	Mudryj, Trinity	Mansell, Scarlett
	Davies, Archie	Pilkington, Tia	McHugh, Thomas
	Davies, Holly	Pye, Olivia	McLaughlin, Kiera
		Ratcliffe, Hannah	Meral, Kuzey
		Rutter, Rhys	Murphy, Shannon
		Salter, Marius	Norris, Spencer
		Simpkin, Lauren	

YOU DON'T ALWAYS GET WHAT YOU WISH FOR.
YOU GET WHAT YOU WORK FOR.

Zero Conduct log Winners

These student have achieved one of the highest awards at CCSC and have never collected a single Conduct Log all year

Do what is RIGHT, Not what is EASY.

CCSC Celebration Evening 2022-23



Year 7
Jack
Coomer

CCSC Celebration Evening 2022-23 English Winners



Year 8
Layla Ralphs



Year 10
English
Language
Sara Ahmed

Year 9
Lily Mo Morgan

CCSC Celebration Evening 2022-23 English Winners



Year 10
English Literature
Tommy Young



Year 9
Library
Alexis Hampton

CCSC Celebration Evening 2022-23 Maths Winners



Year 7
Etsida Dent



Year 8
Oliver White



Year 9
Erin Mountford



Year 10
Thaleia Stanier Filip

CCSC Celebration Evening 2022-23 MFL Winners



Year 7
Oliver Hobbs



Year 8
Holly Moran



Year 9
Sadie Huxley



Year 10
Mckayla Wade

CCSC Celebration Evening 2022-23 Science Winners



Year 7
Dominic Cooper



Year 8
Sienna Jones



Year 9
Cody Christer



Year 10
Sam Foster

CCSC Celebration Evening 2022-23 Italian, French and German Winners



Year 9
Italian
Lennon Booth



Year 10
Italian
Luke Halfpenny



Year 9
French
Archie Johnstone



Year 10
German
Emie Goode

CCSC Celebration Evening 2022-23 History Winners



Year 7
Bethany Jackson



Year 8
Alastair Salt



Year 9
Lennon Booth



Year 10
Talula Hunt

CCSC Celebration Evening 2022-23 Citizenship Winners



Year 9
Ronnie Enderby-
Barry



Year 10
Talula Hunt

CCSC Celebration Evening 2022-23 Geography Winners



Year 7
Amika
Weerasingha



Year 8
Holly Davies



Year 9
Thomas
Ballard

Year 10
Mallie Barber

**CCSC Celebration Evening
2022-23**

Computing and Computer Science Winners

Year 7
Ryan Brown

Year 9
Emma Margina

Year 10
Tyler Peet

**CCSC Celebration Evening
2022-23**

PE Winners (Boys)

Year 7
Dillon Cooper

Year 8
Marcel Szatonek

Year 9
Harvey Beswick

Year 10
Ailie Hibberd

**CCSC Celebration Evening
2022-23**

iMedia and Business Studies Winners

Year 9
iMedia
Enya Simpson

Year 10
iMedia
Sam Foster

Year 9
Business
Charlie May Sargeant

Year 10
Business
Alexa Bickley

**CCSC Celebration Evening
2022-23**

PE Winners (Girls)

Year 7
Chloe Watts

Year 8
Ellie Hobson

Year 9
Olivia Fye

Year 10
Millie Welsh

**CCSC Celebration Evening
2022-23**

Art Winners

Year 7
Megan Cartwright

Year 8
Layla Harper

Year 9
Lucie Barber

Year 10
Gracie Hemmings

**CCSC Celebration Evening
2022-23**

Food Technology Winners

Year 7
Mia Gould Smith

Year 8
Holly Lea

Year 9
Oliver Hardy

Year 10
Sofia Heath

**CCSC Celebration Evening
2022-23**

Photography and Textiles Winners

Year 9
Photography
Sadie Huxley

Year 10
Photography
Kiera McLaughlin

Year 9
Textiles
Jessica Henshaw

Year 10
Textiles
Isabelle Springett

**CCSC Celebration Evening
2022-23**

Technology Winners

Year 7
Mia Gould Smith

Year 8
Tayo Houghton

Year 9
Cain Meadon

Year 10
Camryn Powis

**CCSC Celebration Evening
2022-23**

Child Development and Health and Social Winners

Year 9
Child Development
Olivia Fye

Year 10
Child Development
Daisie Hassall

Year 9
Health and Social
Ruby Colley

Year 10
Health and Social
Poppy Speakman

**CCSC Celebration Evening
2022-23**

RMS and RS Winners

Year 7
RMS
Jasmine Oliver

Year 8
RMS
Lenya Constantinides

Year 9
RS
Kate Powell

Year 10
RS
Kiera Cummins Bloor



**CCSC Celebration Evening
2022-23**



Year 7 Overall Winners

**Oliver Hobbs
And
Tilly Cosens**



**CCSC Celebration Evening
2022-23**



Year 8 Overall Winners

**Sienna Jones
And
Archie Davies**



**CCSC Celebration Evening
2022-23**



**Year 9
Overall Winners**

**Lois Walklett
And
William Austin**



**CCSC Celebration Evening
2022-23**



Year 10 Overall Winners

**Tallula Hunt
And
Sam Foster**



What has been happening?

Prom 2023: an amazing night for an incredible year group. It was a beautiful evening to say a final goodbye to the wonderful pupils. We will miss you all!



Sports Day 2023
Simply the best day of the year
and even better with perfect
weather.



Shrek



What has been happening?

YEAR 7 ROUNDERS COMPETITION WINNERS! A massive congratulations to our year 7 rounders team who competed in the Newcastle School Games rounders competition and WON! The team played fantastically and won all of their matches! Well Done Girls!



Well done to all staff and pupils who took part in the traditional Year 11 vs Staff football tonight. So lovely to see you all and well done to all!



Team	Points
Staff A	11
Bradda Boys	9
Chessy Pumas	7
Finney Laa	5
Staff B	3
Tattons Troopers	3
Baxter FC	3

CCSC Business Department



LOGO DESIGN COMPETITION

Name: _____ Year: _____

Name Ideas: _____

Logo Ideas: _____

Final Idea: _____

Symbol Ideas: _____

Choice of colours: _____



CCSC Business Department



LOGO DESIGN COMPETITION

Calling all CCSC students,

The **CCSC business department** is looking to create an identity within the school and as a result is launching a logo design competition. We are looking for pupils to design a logo that best represents the department and the subject. The selected logo will be used in all the department's official documents and publicity material.

The winner will be selected by a judging panel comprising the Head of the Department, Teaching staff of the department, and representatives from local businesses.

To be in with a chance of winning please pop down to Rm26 to pick up your entry form.

We look forward to your participation

The Business Team

AWARDS AND PRIZES

WINNER - £25 VOUCHER
2ND AND 3RD PLACE - £5 VOUCHER

Submission Deadline- 8th September 2023

Aafreen	Ahmed
Saira	Ahmed
Thomas	Arnold
Maisie	Barber
Lexi	Bickley
Jess	Brook
Caitlyn	Cavanagh
Rubie	Comley
Daisy	Cook
Ethan	Cooper
Keira	Cummins-Bloor
Sam	Foster
Olivia	Garnham
Esmie	Goode
	Goodwin-
Ethan	Shone
Pheobe	Griffiths
Lucy	Griffiths
Luke	Halfpenny
Gracie	Hemmings
Brianna	Henry
Alfie	Hibberd
Emily	Higginbottom
Tallula	Hunt
Keelan	Jones
Gabriella	Jones
Tomas	Lawton
Hope	Lycett



Lexie	Machin
Scarlett	Mansell
Keira	McLaughlin
Kuzey	Meral
Spencer	Norris
Guy	Pearce
Selina	Pearson
Holly	Rutter
Damilola	Samuel
Ellie	Smith
Logan	Smith
Izzie	Springett
Thaleia	Stanier-Filip
Oliver	Tench
Angelena	Waters
Millie	Welsh
Ellie	Wilton-Trotter
Ash	Wright

Year 11 Perfect Team

100%

Attendance

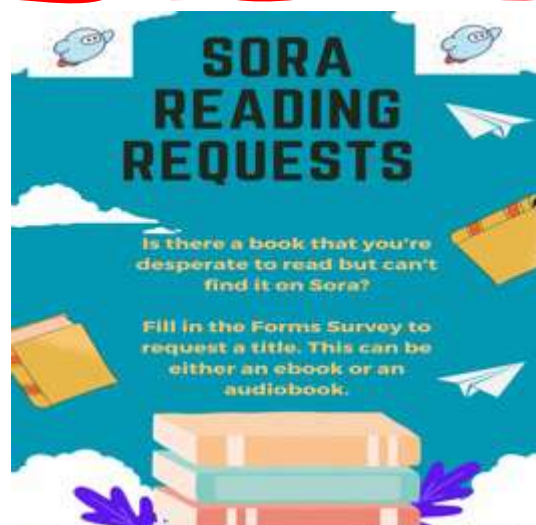
Noel Aston
Amelia Brearley
Lily Bryan
Tilly Cosens
Cara Daley
Mya Hodgkinson
Jasmine Oliver
Oakley Podmore
Ryan Taylor
Oliver Aston
Lucas Davison
Joshua Hardy
Tayo Haughton
Ruby Henderson
Demilee Holdcroft
Marcus Hughes
Phoebe O' Donnell
Freya Wilkinson
Alexis Hampton
Oliver Hardy
Sarah Watt
Afreen Ahmed
Thomas McHugh

CLW Winners

Computing - Daniel Phillips Sienna Jones
BBB - Chantelle Alexander and Oscar Smith
Going Places - Lucas Eardley and Medea
Animals - Daisy-Boo Buxton Jessica Heinsohn
Outdoors - Stan Robinson and Beth Pugh, Alfie Finney
Restaurant - Daniel Austin Ryles, Megan Allen and Lucie Barber
Vogue - Lottie Pearce and Alisha Maddox
Peak - Jenson Middleton and Zoe Kearsey Smith
School - Page Edwards and Dylan Cannon
Harry Potter - Charlotte Hammond Trinity Mudry
MMMT - Joab Richards and Lois Walklett
PE - Marcin Orczykowski and Chloe Watts
Show - Sadie Huxley and Josh Washbrook
Golf - Luke Shaw Cayden Wedgewood



One of the highest
achievements at CCSC and
one that very few achieve.
Yet these outstanding
Students have achieved
100% for the WHOLE of
the academic year!!



<https://forms.office.com/e/gz1NR8>

Mb2z



Arrangements for 2022-23



Your New Form Rooms



Year 7	SB (18)	EF (19)	MK (20)	JD (22)	NE (29)	ND (29a)	
Year 8	KE (23)	SWL (24)	LH (25)	DG (26)	LHi (26a)	AHP (28)	
Year 9	MO (7)	MH (8)	YM (9)	IR/PY (14)	NW (15)	LEH (17)	
Year 10	GF (1)	MP (2)	KDR (3)	CK (4)	AO (5)	RF (6)
Year 11	HM (10)	PF (11)	LE (12)	AG (13)	LTA (30)	HB (34)	DT (Lib)



Our School Day



- 7:30 – 8:15 – Breakfast Club (optional)
- 8:20 – All pupils arrive
- 8:30 – Form Time (all)
- 8:50 – Lesson 1
- 9:20 – Lesson 2
- 9:50 – Lesson 3
- 10:20 – Lesson 4
- 10:50 – Break Time (all)
- 11:05 – Lesson 5
- 11:35 – Lesson 6
- 12:05 – Lesson 7
- 12:35 – Lesson 8 (Year 7, 8 and 9 Lunchtime)
- 1:05 – Lesson 9 (Year 10 and 11 Lunchtime)
- 1:35 – Lesson 10
- 2:05 – Lesson 11
- 2:35 – Lesson 12
- 3:05 – End of School Day (all)
- 3:05 – 4:00 – After School Clubs and Boosters

Arrangements for 2022-23



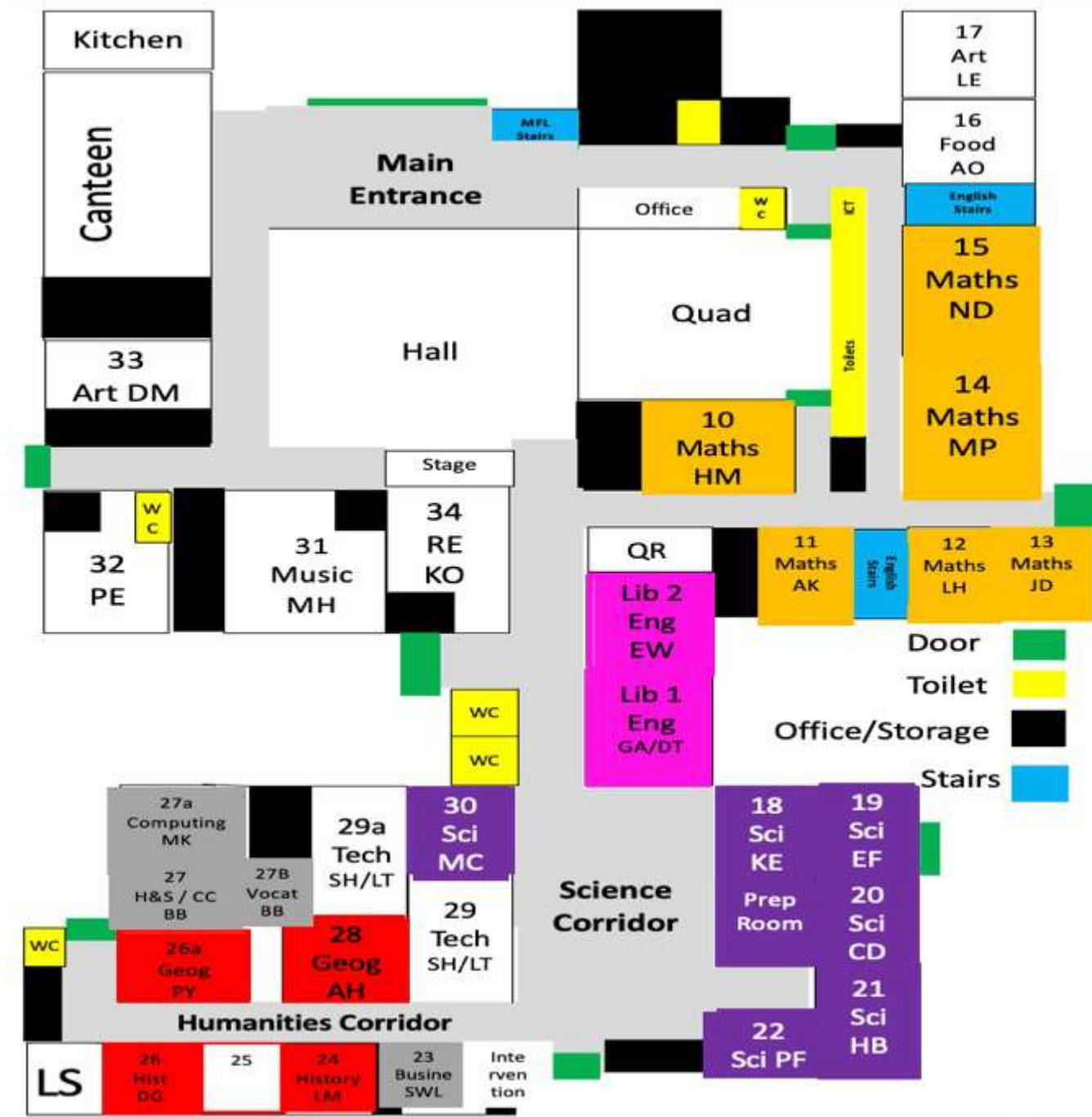
BE ON TIME FOR SCHOOL



8:20am – Arrive to school
– Go to your form room

8:30am – You are in your form room
– School gates close

Pupils should be in their form room **before 8:30am** each day.



Be Prepared
Be the Best You Can Be
Follow Instructions

Know More, Remember More
Understand It, Apply It

The Curriculum @ CCSC

Chesterston Community Sports College
Our Curriculum - 2022-23

Year 7

English	Maths	Science	Spanish
Geography	History	Computing	PE
Music	Performing Arts	Art	Design and Technology
Food Technology	RE	PSCHE	Reading Lesson

Chesterston Community Sports College
Our Curriculum - 2022-23

Year 8

English	Maths	Science	Spanish
Geography	History	Computing	PE
Music	Art	Food Technology	Design and Technology
RE	PSCHE	Independent Study	Reading Lesson

Chesterston Community Sports College
Our Curriculum - 2022-23

Year 9

English	Maths	Science	Spanish
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All pupils choose one from each of the following options

No more than three vocational subjects are allowed

Option A

History
Computer Science
Child Development
Citizenship
iMedia
Food Technology
Business Studies

Option B

Geography
Business Studies
Health and Social Care
Music
Design and Technology
RE
French
Textiles

Option C

History
Business Studies
Health and Social Care
Food Technology
Drama
GCSE PE
Design and Technology
Child Development

Option D

Geography
Computer Science
Art
Photography
Italian
Citizenship
iMedia
Music

PE

RE

PSCHE

Reading Lesson

Independent Study

Chesterston Community Sports College
Our Curriculum - 2022-23

Year 10

English	Maths	Science	Spanish
---------	-------	---------	---------

All pupils choose one from each of the following options

No more than three vocational subjects are allowed

Option A

History
Computer Science
Child Development
Italian
Citizenship
iMedia
Textiles

Option B

Geography
Business Studies
Health and Social Care
Music
Design and Technology
RE

Option C

History
Business Studies
Health and Social Care
Food Technology
Drama
GCSE PE

Option D

Geography
Computer Science
Art
Photography
Child Development
Citizenship
German

PE

RE

PSCHE

Independent Study

Chesterston Community Sports College
Our Curriculum - 2022-23

Year 11

English	Maths	Science	Spanish
---------	-------	---------	---------

All pupils choose one from each of the following options

No more than three vocational subjects are allowed

Option A

History
Computer Science
Child Development
Italian
Citizenship
iMedia
Food Technology

Option B

Geography
Business Studies
Health and Social Care
Film Studies
Music
RE
Design and Technology

Option C

History
Business Studies
Health and Social Care
Food Technology
Drama
GCSE PE
Sports Science

Option D

Geography
Computer Science
Art
Photography
3D Art
Citizenship
Child Development

PE

RE

PSCHE

Independent Study

After School Clubs & Extra-Curriculum

Join with friends!

CCSC Pokémon Card Club

Do you wanna be the very best,
Like no one ever was?

- Play (Learn)
- Trade & Build
- Compete!!!

POKÉMON
TRADING CARD GAME

POKÉMON
ACADEMY

Wed, Room 20, 3:05-4

Love reading? Love discussing books? Love finding new and interesting books to read? Then join....

Book Club

Monday after school in the Library.
Ask Dawn or Miss Durrant for details!

All years welcome ☺

Books shown: *Solitaire*, *Angels & Demons*, *Harry Potter*, *Allegiant*, *Spaceboy*, *Nightshade*

GARDEN CLUB

We have been tidying up the flower beds at the front of school, and it's starting to look really good again. Come and join us on Wednesdays after school – meet in the workshop at 3.15.



After School Clubs
are for all years and
are always free
and fun.

Come along and try
something new :)

CCSC Performing Arts
Presents

EVERY TUESDAY AFTER SCHOOL

Chorus Line

A new vocal ensemble open to all students
working on anything from
Andrew Lloyd Weber to Avril Lavigne

Room 31 - The Music Room

FILM CLUB

Back in September

Tuesdays
3pm-4:00pm
Place: Library 1

Follow us

Can your work make any stories?

Complete Independent Learning Tasks
#ILT

Never feel embarrassed about asking for help

Follow

Do you like being **creative**? Do you like **sharing** your ideas?
Most importantly, do you like **writing**?



Join

WRITING CLUB

Wednesdays Lesson 8
Years 7-9
Room 7
Bring your lunch

COME AND JOIN US!

LESSON X

"Be the best you can be"

Get involved every
Tuesday after school till 4pm
and try something different!

Lesson X

Activities shown: CPR, Yoga, Chess, etc.

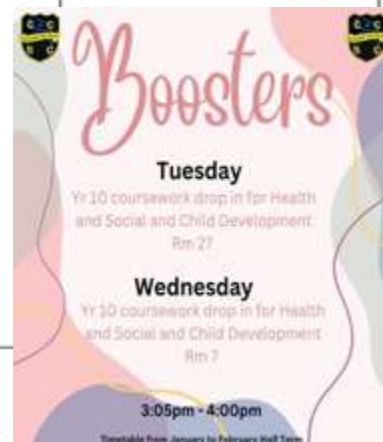
Extra Curricular

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Y7/Y8 Lunch</u> Period 8 12:35			Writing Club Room 7 Peer Mentoring Room 11		
<u>Y9/Y10/Y11 Lunch</u> Period 9 1:05					Peer Mentoring Room 11
<u>After School</u> 3:05 - 4	Book Club - Library	Chorus Line - Music Room 31 Film Club Library 1 Film Club back in September Warhammer Painting Room 20	History Club Room 24 / Workshop Zumba Dance Studio Drama Club Room 34 Gardening Club Room Workshop Pokemon Club Room 20	School of Rock - Music Room 31 STEM Club - Room 22	

Updated

Boosters

	Monday	Tuesday	Wednesday	Thursday	Friday
3:05 – 4pm	Photography KS4 Room 17 Drama Room 34 Music KS4 Room 31	iMedia & D&T Workshop Religious Studies Room 34 Science Room 22 Y11 Health & Social Exam Booster Room 27	English Literature Room 8 & 9 English Language Library 2 & Room 6 Music Y10 Y11 Room 31 German Room 33 iMedia & D&T Workshop Y11 Child Development Exam Booster Room 27 Y10 Child Development & Health & Social Coursework Drop-In Room 27	English Literature Poetry Room 5 & 7 Maths (F) Room 11 (H) Room 14 Spanish Room 1/2/3 French Room 3 iMedia & D&T Workshop Business C/W Room 26	Italian Room 33 History Room 24
Subject & Room					



2022-2023 Summer Term. PE Extra Curricular Timetable.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7, 8 & 9 Lunchtime	Astro	Astro	Astro	Astro	Astro
Year 10 & 11 Lunchtime	Astro	Astro	Astro	Astro	Astro
After School (3:05-4:00pm)	Staff Meeting Night	Athletics (Year 7 & 8) – LEH & GF	Zumba (All Years) – NC Football Training (Year 10) – LEH & PS	Football Fixtures (Year 10) – LEH & PS	

Updated

Magic trick of the week – try this!!!



26. Money Roll Over trick

There are some easy magic tricks out there that even new magicians can perform. This Money Roll Over trick is the perfect example of this - it is super easy to do, requiring no fancy moves!

How to do the trick:

You'll need 2 bank notes of different denominations. Maybe start with a £10 note placed on the table right in front of you.



Next, place the other note £5 perpendicular to the first note (one Dollar note in photo!). Make sure to line up the side of the top note with the bottom of the first note

Then starting from the bottom, roll the two notes up. This may actually be the trickiest part of the whole magic trick!



ABRACADABRA and ahh haaaaa!

You unroll the notes and "magically" the two notes have switched positions in the roll over with the first note being on top of the second!

How in the world did that happen? There is really no magic to this trick at all which is what makes it so wonderful for magicians. Try it out for yourself a few times and you'll see. The way you naturally unroll the notes actually flips the notes in the process...

We have been studying 'The instruments of the Orchestra' this half term.



Have you liked what you have heard?

There are spaces available to learn a variety of instruments with us at CCSC, starting as soon as after the Easter holiday.

The Woodwind Family: you can learn recorder - flute - oboe - clarinet - saxophone - bassoon (Maybe look them up and listen to their sounds if you don't know what some of them are!)



The brass Family: trumpet, trombone, French horn and tuba.



The string family: Violin, viola, cello Double bass.

Percussion family: anything you hit – from djembes to the drum kit.



Don't forget the **piano and the voice.**

Children would be expected to sign up for at least the remainder of the year and can continue lessons while at CCSC. The cost is heavily subsidised by school and as a general rule much cheaper than private lessons. Lessons are weekly in term time with practice required between lessons.

Instruments are available to hire for free, there may be some cost for reeds and tutor books.

Anybody can learn and playing a musical instrument is proven to help all learning. As a colleague once said - you never find a stupid musician!



CCSC OPEN EVENING

SEPTEMBER 2024 INTAKE

**21ST SEPTEMBER 2023
6PM- 9PM**

HEADTEACHER AND PREFECT SPEECHES AT 6PM

Come and join us and see what we are all about!
No bookings required!

Tours also available during the school day and at your convenience
To book please call 01782 568350



'PARENTS SAY THAT STAFF CARE ABOUT PUPILS AND EXPRESS CONFIDENCE IN THE SCHOOL'S LEADERS. MANY PRAISE THE RANGE OF SUBJECTS ON OFFER AND SAY THEY FEEL WELL INFORMED. ONE PARENT REPRESENTED THE VIEWS OF MANY WHEN SAYING: 'THIS IS A GREAT SCHOOL, WHERE MY CHILDREN ARE LOOKED AFTER IN A CARING AND SAFE LEARNING ENVIRONMENT.' OFSTED 2022

www.ccsc.staffs.sch.uk

Examples of local archaeological sites and finds.

Time Period	When and why chosen	Proven by Archaeology (nearest known location)
Pre-History	Often divided in the UK into: Stone Age, 10,000- 2,200 BC Bronze Age 2,200-750 BC And Iron Age 750BC- 43AD	Little evidence exists locally. A Neolithic (late Stone Age) axe-hammer was found in 1942 during excavations in Bridge Street, Newcastle and there is also a record of a flint scraper, "found in Newcastle," which may be dated between the Early Mesolithic and Middle Bronze Age. An Iron Age knife was also found at Knutton in 1928.
Ancient History	600 BC to 476 AD (from the beginning of written history to when the Romans left the UK).	Before the Romans came, Chesterton was home to the Cornovii tribe, a Celtic people who lived in the modern English counties of Cheshire, Shropshire and North Staffordshire and part of Wales. Proven by Archaeology, our school is on the site of a later large Roman fort.
The Middle Ages	476- 1450 AD (between the fall of Rome and early Modern Europe).	Newcastle was a very small town in the Middle Ages. It does not have a separate entry in the Domesday Book (1086). A motte and bailey castle was built (near Pooldam) during the 12 th century and Newcastle became a borough in 1173. In 1277 Dominican Friars ("Black Friars") set up a monastery.
Early Modern Era	1450- 1750 (reflecting the change in culture due to the Renaissance until the Age of Revolutions)	By 1451 all that remained of the "new" castle was one great tower and the ruins were later reused as building stone in redevelopments in the early 17 th century. As a market town Newcastle later became a vital coaching stop on the main road between London and the North-West.

Archaeology covers later periods as well and "Contemporary Archaeology" now includes 20th and even 21st century remains.

How to improve your life as a teenager

Improve your moods. Have a healthier lifestyle, Better relationships, Stronger work ethic, Increased motivation. Learn your strengths and weaknesses. Become the best version of yourself. It's never too late to make changes.

Set goals	Goals help motivate you and make progress. Divide complex tasks into smaller achievable goals.	This isn't in comparison to others. It's to develop the best version of you.
Write everything down	Consider printing or making a planner. It can save time. Review your improvements and progress made.	It can make you more productive and motivated.
Invest in yourself	Learn new skills. Value your education and opportunities.	Take care of your health and welfare.
Actively search for Hobbies	Start by thinking what you are really interested in.	Try different things. You might surprise yourself.
Focus on Mental Health	Besides Writing about your feelings, Hobbies and Exercise, eat a healthy diet and appreciate the good things in your life.	Avoid drinking, smoking, too much caffeine and poor sleep patterns. Cut out negative influences and behaviour.
Get into Fitness	Regular exercise has so many benefits: Improved mood, more alert, boosts your immune system, good for your heart and boosts confidence.	You don't have to join a gym. You could walk more, cycle, swim or use and follow an exercise programme off the internet.
Always educate yourself	Knowledge will unlock so many things for you as a teenager. The more you know the better life you will have now and in the future.	Education isn't just about school. Yes, participate fully at school but read and discuss your opinions. Reflect on what you learn.
Develop a sleep schedule	It is recommended that you get at least 8 hours of sleep whenever possible to feel fully refreshed.	When you sleep is also important. For example, sleeping 8 hours from 10pm-6am is much better than 3am-11am.
Stop getting offended easily	Nowadays, it's almost impossible not to see someone getting offended on the internet. Plus, it's easy to follow along with what you see and read because it feels like the norm.	Be more confident in yourself. Getting offended easily can stem from personal insecurities. Stop listening to negativity or hateful comments.
Practice Self Awareness	Being self-aware will help you to understand your strengths and weaknesses so that you can implement strategies to improve your life.	Can also teach you your interests, career goals, the ability to admit when you are wrong and empathy towards others.



Have an idea, event or news that you want to share in next week's edition please email

Miss Edwards kedwards@ccsc.staffs.sch.uk