

Be The Best You Can Be

With CCSC

Week 24 - Monday 11th March 2024



Hope Lycett Y11

Lexi Machin Y11



**With Mrs Allen
(English & HOY 11)**

Film	Home Alone
Place	The Lake District
TV Programme	Stoke City (if I had to choose)
Chocolate	Cadbury's Fruit and Nut bar
Song	Maroon 5 – She Will Be Loved
Book	Harry Potter and the Half Blood Prince
Colour	Gold (only because leopard print doesn't count as a colour)

Year	Event logs	Conduct logs	Best pupil with most ELs
Y7	1291 ↑	68 ↓	Salter, Emily 7MK (18)
Y8	819 ↑	136 ↑	Cooper, Dillon 8DG (15)
Y9	699 ↑	172 ↑	Critchlow, Aubrey 9NW (10)
Y10	494 ↑	144 ↓	Eardley, Lucas 10AO (9)
Y11	302 ↓	75 ↓	Smith, Freddie 11PF (8)
Total	Event Logs = 3605 ↑ 21%		Conduct Logs = 595 ↓ 3%

	Zero Conduct Logs	100% Attendance	Attendance	Best form Attendance
Y7	177 (85%) ↑	155 (75%) ↑	93.3% =	7MK 95.3% ↓
Y8	119 (69%) ↓	123 (71%) ↓	92.3% ↓	8LH 97.5% ↓
Y9	111 (67%) ↓	109 (66%) ↓	90% ↑	9YM 96.8% ↓
Y10	116 (72%) ↑	105 (65%) ↑	87.4% ↑	10GF 95.5% ↑
Y11	152 (84%) ↑	130 (73%) ↑	90.8 ↑	11LE 98.3% ↑
Total	675 (77%) ↑	622 (70%) ↑	90.8% ↑	

What's on THIS week?

Y11 Mini Mocks

Mon – iMedia, History & RE Exam
 Tue – Biology
 Wed – Maths & Citizenship
 Thu – Eng Lang & Business
 Fri – Spanish, German & Child Care

Mon 11th – Swim Gala

Thu 14th – Dance Rehearsals Period 9-12

Fri 15th – Year 7 RSE Day

What's on Next Week?

Mon 18th Y11 Music Performances
 Mon 18th Y9 Vaccines
 Tues 19th Y11 Geography Trip
 Thurs 21st Whole School Rewards day
 Fri 22nd – D & T CWK Catch up

REMINDERS!!!

Y11 Mini Mocks 4th March
 Thur 11th April
 Y8 Parents Evening
 Thur 18th April
 Y8 Options Evening

Trip Payments

Y9 Macbeth March
 Y8 & Y9 CLW June

HOY AWARDS

Y7

Matthew Mayall 7SB

Working really hard across all his lessons. He is also so beautifully polite and a really lovely young man.

Olivia Shutt 7ND

Always tries her best in everything she does and a really well-mannered young lady.

Y8

A huge well done to Year 8 for their positive and mature approach to their exams. Most pupils were well prepared, followed exam conditions and, most importantly, tried their best. I have already seen some data from the exams taken and there are some excellent results coming in already!
Well done!

Y9

Lilliah Miller 9IR/PY

For her consistent hard work, behaviour and attitude to learning. An absolute star of the year group.

Morgan Smith 9LEH

Focused and working well, keep this up Morgan!

Y10

All those who have applied to be prefects. Their interviews were well-prepared, thoughtful and genuinely insightful. It has shone a brilliant light on those who have applied.

Y11

Spencer Norris 11P

Spencer's maturity and reliability have made him an excellent prefect this year. He is always on hand to help out and never shies away from hard work. He is a credit to the year group (and not just because he makes a fantastic brew!)

Holly Ann Rutter 11P

Holly never fails to impress me. She is consistently hard working, focused and enthusiastic in everything she does and this week's exams have been no exception. She is a model student and a beautiful young lady.



Lucky Dip Winners 11th March



Zero Conduct Log Winners

Y7 Hill, Evie 7JD
Y8 Simpson, Josh 8SWL
Y9 Riley, Naomi 9NW
Y10 Brown, Max 10AO
Y11 Higginbottom, Emily 11P

Outstanding Work

Harper, Layla 9MH
English
Event Log Plus
Bednarski, Jake 9MH
100% Attendance
Smith, Sophia 7ND

Be The Best You Can Be
Work hard and get
noticed!

£5 vouchers
OR
Front of Queue Pass to Canteen
OR
Free break food for a week!
PLUS entry into the BIG prize draw

Be The Best You Can Be
Work hard and get
noticed!

Please email Miss Edwards kedwards@ccsc.staff.sch.uk
With your choice of prizes from above.



Look who made a **BIG** impression this week!
It hasn't gone unnoticed and we couldn't be more proud of you!

SELF-BELIEF & HARD WORK WILL ALWAYS EARN YOU SUCCESS

Booth, Eva	Caulcott, Leah	Bednarski, Jake	Barker, Connor	Brown, Dylan
Braddock, Kian	Colclough, Izaak	Critchlow, Aubrey	Harrison, Mikala	Ellis, Cian
Haggerty, Madison	Darlington, Poppy	Docherty, Layton	Smith, Oscar	Henshall, Lily
Hodgson, Finnley	Gouyet, Olivia	Gough-Rhodes, Joshua	Wright, Oliver	Kershaw, Faith
Parker, Oliver	Jackson, Bethany	Murinas, Devon	Wright-Davies, Lewis	Mansell, Scarlett
Worthington, Owen	Oliver, Jasmine	Richards, Libby	Weston, Lacey	Mitchell, Izzy May
Salt, Thomas	Paladino da Silva, Ana	Sadler, Jack	Wilton-Hobson, Sam	Smith, Elliemae
Walford, Maci		Webb, Ryleigh	Zwetschnikow, Bailey	Tench, Oliver



Outstanding Work

A HUGE well done to all the pupils featured in this week's 'Outstanding Work'! We love seeing this each week..... Check it all out using the link

<https://www.ccsc.staffs.sch.uk/index.php/news/556-outstanding-work-at-ccsc>

English

Layla Harper

Year 9

Whole School Rewards

"Be the Best You Can Be"

- Reward 1** – Earn 25 event logs to receive a voucher at the end of half term.
- Reward 2** – Zero Conduct! Logs! If you get NO conduct logs in a week (Sunday to Sunday), you will get entered into a lucky dip. A prize for one person, per year group, per week will be announced in Monday's newsletter.
- Reward 3** – For every WEEK you receive ZERO conduct logs you get 1 ticket for entry into a lucky dip prize draw. 1 prize for each year group! At the end of each half term ALL tickets are entered into a BIG lucky dip prize draw for a bigger prize, again 1 prize per year!
- Reward 4** – Event Log Plus – each teacher makes one phone call home per week to someone who has really impressed them! For every pupil who has had a phone call, they will enter a lucky dip draw. There will be ONE weekly winner who will be announced in the newsletter.
- Reward 5** – Outstanding Work Submissions. There will be ONE weekly winner who will be announced in the newsletter.
- Reward 6** – At the end of each half term, we present prizes for the Best Boy and Best Girl in each year group. We also do Best Form in each year, Best House and Best Attendance!
- Reward 7** – Every pupil who has 100% attendance for that week will be entered into a lucky dip!
- Reward 8** – Reward afternoons and Rewards Day – more information to follow!

SO, let's all keep working hard and keep our fingers crossed for our weekend prize draws - a winner in every year group for every category!

What has been happening?

International Women's Day. The theme this year is "Inspire Inclusion" and women and men are being encouraged to share photographs of the Inspire Inclusion pose in order to highlight the fact that there are areas of work and life where women still don't see equal inclusion. The CCSC team have come together to share their photos to inspire inclusion!



Our fantastic year tens attended the STEM Olympics at [The City of Stoke-on-Trent Sixth Form College](#) Winning the physics event, picking up a second place in the chemistry event and coming in third overall, they did us and each other proud. Even better than this, the pupils of another school (not their teacher) said what a fantastic group of pupils we have!!!! Well done guys.

Ties Of The Week!!



To promote team work, social skills and out of the box thinking, every term year 7s compete to be crowned the Taskmaster Champions. They have competed in two tasks so far and have exceeded the Taskmasters expectations.

Task One: Create something beautiful that represents everybody in your form. The proud winner was 7EW! Who created individual puzzle pieces to represent them as a person before joining them all together in a lovely presentation.

Task Two: Play hide and seek: all members of your form should be hiding (in plain sight) in a photograph. The hardest to spot wins! The winner will be announced in the next award ceremony!

Last week Miss Fellows and Miss Gittins took year 7 & 8 to their sports hall athletics competition. Everyone worked so hard and it was a very tough competition but the year 7 girls, year 7 boys and year 8 boys all managed to achieve the silver medal. Well done and we are all very proud of you.



Readathon 2024

4th March - 8th April

Come on a reading adventure!



READ TO RECHARGE
Reading is vital for wellbeing - offering entertainment, escape and a much-needed screen break!

READ TO CONNECT
Readathon is a great way to share experiences and reach goals, whether in school or at home.

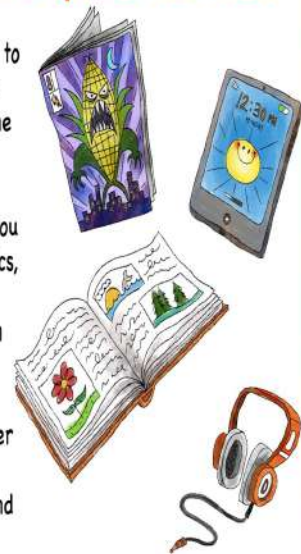
READ TO KEEP UP
Research has shown that reading for pleasure helps you to be more successful.

READ TO HELP OTHERS
Reading and raising money to buy books for children in hospital, here's great!

Read for Good readforgood.org

What do you do in a sponsored read?

- You ask friends and family to sponsor you for reading as much as you can in the time given.
- You can choose whatever you like to read - stories, comics, non-fiction, newspapers, recipes, even an instruction manual - anything goes!
- Get sponsored per page, per chapter, per book or for every ten minutes you spend reading.



Where Does the Readathon Money Go?



<https://vimeo.com/221255525>

How do I get sponsored?

- You'll be given your own sponsor card and bookmark - fill in your name, class and make a note of when the sponsor card needs to be returned.
- List what you plan to read (remember all reading is good reading!) on the inside of the sponsor card.
- Ask friends and family to sponsor you - per page, per book, per ten minutes, whatever suits you.
- It's really easy for sponsors to pay online at www.readforgood/sponsor - and means you don't have to worry about handing money in to school.
- If they can't sponsor you online, they write it on your sponsor card and give you cash or a cheque to take into school.



What's in it for me?

- I can try different books, authors, types of reading to find out what I like the most
- It feels good to help seriously ill children.
- My school will get free books
- Kids who choose to read are more likely to do well at school, in their GCSEs, A-Levels and later in life.

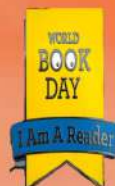


If You Want to Sign Up...

Come and see Miss Durrant any day after school (Room 8) or in the Library p.8 on Friday to collect a letter, sponsorship form, reading tracker and bookmark.

The pupils who raise the most money in each year group will win one of these extra special WBD badges!

The Readathon will run between 4th March - 8th April 2024



WORLD BOOK DAY

7 MARCH 2024

£1 BOOK TOKEN

Changing lives through a love of books and reading

CHOOSE YOUR £1 BOOK FOR FREE

SWAP YOUR £1 TOKEN AT A BOOKSHOP

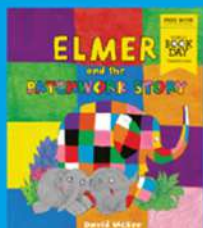
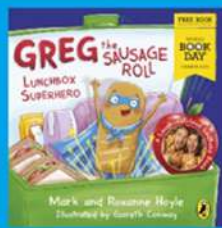
World Book Day® is a charity sponsored by

NATIONAL BOOK tokens

VALID FROM 15 FEBRUARY – 31 MARCH 2024

<https://www.worldbookday.com/books/>

You can swap your £1 book token for one of the World Book Day books OR you can get £1 off any book or costing £2.99 or more in bookshops and supermarkets.



This World Book Day, you will have a choice of books, depending on what appeals to your interests and reading ability.



<https://forms.office.com/e/D5GTUzgHNB>

Recommended Reads



Reading is key to your learning, progress and success in **all subjects**.

Sora

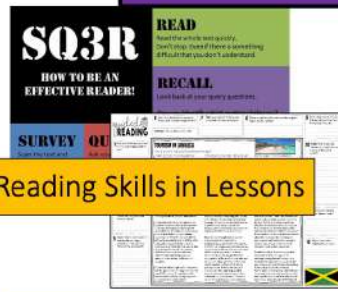
The student reading app

Make your SORA book requests here:

<https://forms.office.com/e/gz1NR8Mb2z>

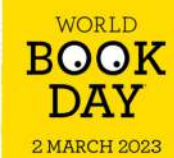
Whole School Reading Focus Week

w/c 4th March



'The Day' app. is available on all iPads

Readathon



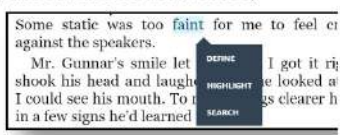
World Book Day activities on 7th March

Using Sora to Support Learning



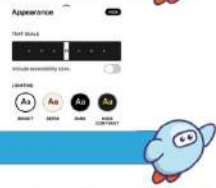
Definitions, Highlights and Notes in Sora

- Use the Sora app to assign a text to your class
- Ask them to highlight and define words that they don't understand (this will save in each pupil's app and can also be downloaded)
- Ask pupils to export the defined words lists and use them to write their own sentences



Changing the Page to Suit Pupils' Needs

- Pressing the 'A' in the top right hand corner of the page brings up options to change the appearance of the text.
- The background and font size can be adapted to make it easier to read.



Read-Alongs in Sora

- Find read-along books in Sora (see how to image)
- Read-alongs have narration so pupils can follow the text as it's being read
- Perfect to support SEN and MFL pupils (Spanish authentic texts)



Assigning Books - Tasks

- It is possible to **assign** certain texts for your classes to read, then set comprehension questions based on sections of the text or chapters to check their understanding (ask Dawn for help to do this)
- Set tasks for pupils to find, summarise, analyse or interpret a section/chapter of the text

UK INTERNATIONAL

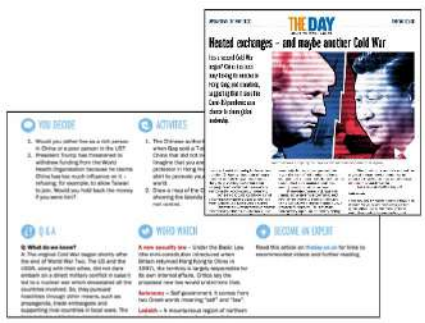
THE DAY

CLIMATE CONFLICT POLITICS SCIENCE TECHNOLOGY CULTURE HEALTH SPORT MONEY SOCIETY
MATHS ENGLISH PHYSICS BIOLOGY CHEMISTRY HISTORY GEOGRAPHY RS PSYCHOLOGY DAT SOCIOLOGY MEDIA BUSINESS ART & DESIGN CITIZENSHIP PSHE

App on all student iPads
No login required

- Daily news service for schools and young people
- Use in class, form time, independent learning, etc.
- Helps young people to engage with the world
- Supports pupils' reading and comprehension skills

- Articles linked to all curriculum areas
- Comprehension tasks and lesson ideas for each article
- Simplified versions available
- Spanish and French versions



UK INTERNATIONAL

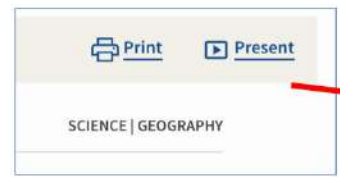
THE DAY

NEWS TO OPEN MINDS

Use 'THE DAY' in lessons



You can list articles by curriculum subject to find extracts to match your topics.



Articles can be printed or shown in a PowerPoint.



Worksheets and additional activities with articles.



YEAR 11 PROM FRIDAY 5TH JULY 2024

Wychwood Park Golf Clubhouse
7.00pm-11.00pm

START: Arrival 7pm
END: The evening finishes at 11.00pm

COST £25: Buffet and disco included

- You are expected to make your own transport arrangements to Wychwood Park.
- Formal wear, smart casual.
- A professional photographer will be available.



Payment through Parent Pay or ask the office for a barcoded letter.
School Reward vouchers can be used.
Any questions regarding the event or payment, see Dawn.

WHAT HAPPENS NEXT...

PROM LETTER



- To secure a place, a £5 deposit will need to be paid by 12th April 2024. The remaining balance of £20 will need to be paid by 7th June 2024. You can use school reward vouchers.
- Anyone with specific dietary requirements; vegetarian, vegan or food intolerance should make Dawn aware.
- A professional photographer will join us to photograph the event. Photographs will be available to buy after the evening. No obligation to buy.
- As always, we would like as many pupils as possible to be able to attend the prom, however, this will be dependent on behaviour during lessons, the exam period and around the school building.

What happens next?

- **Friday 1st March** – Mrs Waterhouse and Mr Salt will meet with the year group and go through the next stages with them.
- **Week Beginning 11th March** – Options Booklet go out to pupils and parents (with dates and information about the options evening). This will contain links to exam specifications, crucial knowledge and subject overviews.
- **Week Beginning 8th April** and then Week Beginning 15th April – Option Taster sessions for Year 8 (timetable will be sent to them beforehand). This will give you an idea of what to expect in each subject.
- **11th April** – Year 8 Parents Evening – Maths, Science, English and MFL. This will give you an insight into these subjects going into their GCSE years and an overview on progress and attitude to learning.
- Week Beginning 15th April – Option Blocks will be released to pupils and parents
- **18th April** - Options Evening and official forms given (6:00pm – 8:30pm). This event will give you chance to talk to staff and ask any questions. We are also hosting a careers event on this evening for Year 8 where they will have an opportunity to talk to colleges, employers and providers. Even though this is early, it is always good for them to think about what is available to them in their futures.
- **22nd April** - Deadline for choices.
- **20th May** - Final choices sent home (could be earlier if all forms are in on time).



What subjects does my child have to do and what choices do they have?

Compulsory Subjects

GCSE English Language

GCSE English Literature

GCSE Maths

GCSE Science

GCSE Spanish

Core PE

Option Subjects

After School Clubs & Extra-Curriculum

Extra Curricular (23-24)

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Peer Mentoring Y10/Y11 - Room 9		Peer Mentoring Y7/Y8/Y9 - Room 11	Writing Club Y7/Y8/Y9 - Room 7	Book Club Y7/Y8 - Library 1
After School 3:05 - 4	Book Club - Library 1 Dance - Dance Studio	Lesson X - Room 18 Chess Club - Room 30 NEW Pokemon Club - Room 20	Garden Club - Room 3 Drama Club - Room 34 Entrepreneur 'Money Making' Club - Room 10	Pokemon Club - Room 20 NEW	

Boosters (23-24)

	Monday	Tuesday	Wednesday	Thursday	Friday
After School 3:05 - 4	Drama - Room 34 Music - Room 33	English - Rooms 5-9 Business Y11 - Room 26 Religious Studies - Room 34 D&T/iMedia - Workshop	English - Rooms 5-9 Science - Room 30 German - MFL Rooms Health & Social/Child Development - Room 27 Citizenship Room 26a	Business Y10 - Room 26 Spanish & French - MFL D&T/iMedia - Workshop Health & Social/Child Development - Room 7 Maths Foundation - Room 11 Higher - Room 14	History - Room 24 Italian - MFL Rooms

Detentions

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Y7-Y9	Room 13	Room 32	Room 32	Room 32	Room 33
Lunch Y10-Y11	Room 32	Room 32	Room 32	Room 32	Room 32
After School		Uniform Quiet Room	Lates Hall		



2023-2024 Spring Term 2. PE Extra Curricular Timetable.



Time	Monday	Tuesday	Wednesday	Thursday	Friday
Year 7, 8 & 9 Lunchtime	Astro GCSE PE Booster (Year 9)	Astro	Astro	Astro	Astro
Year 10 & 11 Lunchtime	Astro	Astro GCSE PE Booster (Year 10 & 11)	Astro	Astro	Astro
After School (3:05-4:00pm)	Staff Meeting Night	Girls Football – All Years Table Tennis – All Years Weightlifting Club – Year 10 & 11 Swim Club – Year 9, 10 & 11 Boys Football – Year 8	Netball – Invite Only Boys Rugby – Year 8 & 9 Swim Club – Year 7 & 8	Boys Football Fixtures - Year 8 Handball - Year 10 & 11	Badminton – All Years

House Calendar 2024

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
Autumn Term 1	X	House event 1 - Assembly - Lunch	House event 2 - Welly Wanging	X	X	House event 3 - Tug of War	X	X
Autumn Term 2	X	X	House event 3 - Astermind	X	X	X	House event 4 - Dart	X
Spring Term 1	X	X	House event 5 - Chess/Clubs	X	X	House event 6 - Art Society		
Spring Term 2	X	X	House event 7 - Masters (Cherschool)	X	X	House event 8 - Ultimate Chicken Horse		
Summer Term 1		House event 9 - Kabaddi(?)				House event 10 - Slow Bike Race		
Summer Term 2		House event 11 - Hobby Horsing		CLW	House event 12 - Competition Day		New TT	

LESSON X

Room 18

Every Tuesday after School
Bring your friends and enjoy yourself.

Xmas Holidays		
08-Jan	16	No Lesson X
15-Jan	17	No Lesson X - Y8 Chester Zoo Trip
22-Jan	18	Bingo
29-Jan	19	Art and Crafts
05-Feb	20	House Comp Room 14
Feb 1/2 Term		
19-Feb	21	Board Games
26-Feb	22	Quiz
04-Mar	23	Bingo
11-Mar	24	Art and Crafts
18-Mar	25	Movie

Leadership Opportunities

- We want you to **get involved** in school life as much as possible
- Our school is a **community** and we **value your opinions** and we want you to **play an active role**
- There are many opportunities in school where you can **contribute** to the school community
- Have a more **rewarding time** at the school

Leadership Opportunities at CCSC

- School Council → See Miss Brownsill and Miss Hopwood
- Subject Leaders → See your subject teachers
- Sports Captains → See your PE teachers or your Head of Year
- House Leaders → See Mr Powell for more info
- Careers Champions → See Mrs Waterhouse for more info
- Primary Ambassadors → See Miss Meakin for more info
- Peer Mentoring → See your PE teachers for more info
- Sports Leadership → See your PE teachers for more info
- Prefects → See Mrs Thompson (Down) for more info

Follow us

Can your work make any stories?

Complete Independent Learning Tasks #ILT

Never felt overwhelmed? Moot asking for help!

Follow

WRITING CLUB

Do you want to be a writer? Interested in poetry? Short stories? Each week we will look at examples of excellent writing and have a go at our own writing.

Wednesdays, Lesson 8 Room 7

Open to Years 7, 8, and 9

See Miss Ferrari in Room 7 For more information.



Garden Club is back

Now that the days are getting longer, Garden Club is starting back up on THURSDAYS after school. Meet in Room 3 at 3.10pm.

We will be looking after the displays at the front of school, planting seeds to take home, and learning about growing your own salad and vegetables.

You don't need to know about gardening already - but you might get muddy hands!

CHESS CLUB

Tuesday 3.05 - 4.00 Room 30

CHECKMATE!

All skill levels welcome

NEWDANCE CLASS STARTING YEAR 7, 8, 9

MONDAYS 3.05 - 4.00PM @ DANCE STUDIO

IF INTERESTED IN ATTENDING, PLEASE SEE MRS. HITCHEN.

START DATE MONDAY THE 25TH OF SEPTEMBER 2023.

LESSON X

"Be the best you can be"

Get involved every Tuesday after school till 4pm and try something different!

Lesson X

ASB, Yoga, CPRE

ccsc Pokéky card club

Do you wanna be the very best, Like no one ever was?

Pokéky

- Play (Learn)
- Trade & Build
- Compete!!!

POKÉMON ACADEMY

THUR, ROOM 20, 3:05-4

conduct logs and attendance using the isams app which can be found in self service or from the App store.

Students log in details.....

Username: firstname.surname

Password: FSurname1234

(First initial, Surname followed by their ipad pin)

End of Term Reports are now live on Student and Parent Isams for you all to view.

Any problems with logging in please text or ring the office.

You can download the App or visit the website.

<https://shorturl.at/chBH8>

Be Prepared

Be the Best You Can Be

Follow Instructions

Know More, Remember More

Understand It, Apply It



Don't forget to check your Emails and Teams notifications every day, especially your year group team page!!

BE ON TIME FOR SCHOOL

8:20am - Arrive to school
- Go to your form room

8:30am - You are in your form room
- School gates close

Pupils should be in their form room before 8:30am each day.

LATES

If you are late to lesson...

- **3 Late to Lesson CLs**
→ Lunchtime detention (HoY/KSL) + after-school detention (30 mins)
- **6 Late to Lesson CLs**
→ Lunchtime detention in Quiet Room + after-school detention (1-hour)
- **9 Late to Lesson CLs**
→ Day in Quiet Room + after-school detention (1-hour)
- **12 Late to Lesson CLs**
→ **AT LEAST** 2 days in Quiet Room + after school detentions (RS decides time) + parent meeting

Lunch Times (Wet Weather)

	Period 8 (Y7, Y8 & Y9)	Period 9 (Y10 & Y11)
Monday	Sports Hall Library	Sports Hall
Tuesday	Sports Hall	Sports Hall
Wednesday	Main Hall Room 27	Sports Hall
Thursday	Sports Hall Library	Sports Hall
Friday	Sports Hall	Dance Studio

Year 11 Mini Mock Timetable - March 2024

Day	P1	P2	P3	P4	P5	P6	P7	P8	P9	P10	P11	P12
Monday 4th March	Media Exam 1hr 30mins exam Report Hall 8:50					Normal Lessons	History Exam 1hr exam (report Hall 11:55)		Lunch	Normal	RE Exam 1hr Exam Report rm34 (13:55)	
Tuesday 5th March	Biology Science exams 1hr 15 & 1hr 45mins Report Hall (8:35)			Biology exam - Dispensation 2 Normal Lessons					Lunch	Normal Lessons		
Wednesday 6th March	Maths Exam - Paper 1 1hr 30mins exam Report Hall 8:50			Maths Exam - Dispensation 2 Normal Lessons					Lunch	Citizenship Exam 1hr 30mins exam (early lunch) report Dance Studio 13:20		
Thursday 7th March	English Language 1hr 45mins exam Report Hall & Dance Studio (8:35)			English Language - Dispensation 2 Normal Lessons					Lunch	Business Studies Exam 1hr 15mins exam Report Hall 13:35		
Friday 8th March	Spanish Listening and Reading 1hr 15mins exam (report hall & DS 8:35)			Spanish - Dispensation 2 - high Normal Lessons			German Writing Exam 1hr - 1hr 15mins Report DS 11:35		Lunch	Child Care Exam 1hr 15mins exam (report Dance studio 13:35)		
Monday 11th March	English Literature exam 1hr 45mins exam Report Hall & Dance Studio (8:35)			English Literature - Dispensation 2 Normal Lessons					Lunch	GCSE PE - Paper 1 1hr 15mins Exam Report hall 13:35		
Tuesday 12th March	Chemistry Science exams 1hr 15 & 1hr 45mins Report Hall (8:35)			Chemistry exam - Dispensation 2 Normal Lessons					Lunch	German Listen & Reading Exams 1hr 15mins exams (report room 11)		
Wednesday 13th March	Maths Exam - Paper 2 1hr 30mins exam Report Hall 8:50			Maths Exam - Dispensation 2 Normal Lessons					Lunch	Spanish Writing Exams 1hr - 1hr 15mins exams (report Hall & Dance Studio 13:35)		
Thursday 14th March	Physics Science exams 1hr 15 & 1hr 45mins Report Hall (8:35)			Physics exam - Dispensation 2 Normal Lessons					Lunch	Health & Social Exam 1hr 15mins exam (report Hall 13:35)		
Friday 15th March	Drama Exam 1hr 30mins exam Report Hall (8:35)			Geography Exam 1hr 30mins exam Report Dance Studio 11:05					Lunch	Normal	Computer Science 1hr Exam Report Dance St (13:55)	
Monday 18th March	Music performance day - (specific times for pupils) Normal Lessons								Lunch	GCSE PE - Paper 2 1hr 15mins Exam Report hall 13:35		
Tuesday 19th March	Year 11 Geography Field Trip Normal Lessons			Normal Lessons					Lunch	Normal Lessons		
	Art/Textile & Photography Intervention - specific pupils all day											

NB - Friday 22nd March - Art/Textile/Photography intervention if needed with pupils who were on Geography

REVISE How To Revise/Recap

- Summarise**
 - Read a topic/chapter/page and summarise into 5 bullet points.
- 5 Questions**
 - Read the topic/chapter/page and write your own 5 questions with answers.
- Definitions**
 - Pick 5 keywords and write the meaning.
- Picture**
 - Draw a diagram/picture and label it to explain what it shows
- Video**
 - Watch a SHORT video on YouTube on a topic/keyword/concept and pause it at appropriate times to make 5 bullet points.
- Quiz**
 - Find 10 questions on kahoot, booklet or educake, answer them and make notes on anything you learn or need to remember.
- Mind Map**
 - Pick a topic and draw a mind map explaining 10 key points.
- Copy**
 - Pick a topic and read the crucial knowledge.
Copy 5 sentences that you don't remember or understand.
- Memory**
 - Look at the crucial knowledge for 30 seconds. Cover it up and write down everything you can remember in 30 seconds. Repeat 3 times.
- Flash Card**
 - Pick a topic/chapter/page and on the front of the flash card write 5 keywords/phrases or pictures and on the back write what they mean.
- Exam Questions/Past Papers**
 - Pick a topic and answer exam questions. Ensure you use a mark scheme to check your answers. Past Papers can be found online and downloaded.
- Worksheets/Workbooks**
 - Pick a topic and complete a placemat or worksheet on that topic. Ask your teacher and they will print/send you lots. Use your memory first and then use other resources such as the crucial knowledge to help you.



QUIZ!



What PE kit is needed for PE lessons?<https://www.ccsc.staffs.sch.uk/index.php/pe-faqs>**Don't forget your PE Kit**

- Blue CCSC PE polo shirt
- Black shorts, leggings or joggers
- Trainers – not their school trainers (this can be football boots if lessons are on the astro/field)
- CCSC PE hoodie or a **plain black/blue sports top** (your child can check this by speaking to their PE teacher)
- Long hair tied up and jewellery removed/covered with a plaster (provided by home)

Swimming lessons:

- Towel
- Plain blue/black swimming costume or shorts – Bermuda style shorts are not allowed
- If goggles are required then these need to be accompanied by a note from home granting permission for their use
- If excused, your child is to bring their PE kit to change into at the start of the lesson

NB: Your child is still expected to bring their PE kit to all PE lessons even when excused from PE.**My child cannot find part of their PE kit. Can they bring an alternative?**

YES! If there is a genuine reason that your child cannot bring part of their CCSC PE kit, then we encourage pupils to bring a suitable alternative. No contact with the office is required, your child just needs to have a quick conversation with their PE teacher. However, if there is a long term reason for your child to not have the correct PE kit, then contact from home will be required. The correct PE kit is always the desired standard, therefore, acquiring a replacement PE item is desirable. The PE department can also provide clean spare kit.

Crucial Knowledge (all subjects):

<https://www.ccsc.staffs.sch.uk/index.php/2013-09-25-09-25-35/all-files/crucial-knowledge>

Curriculum Intent Documents:

<https://www.ccsc.staffs.sch.uk/index.php/information/curriculum-and-qualifications>

CCSC Parent Information**Video:**

<https://www.youtube.com/watch?v=3I88V5qNVDk>

isams Information Video:

<https://www.youtube.com/watch?v=VEiolb-YHH4>

Careers & Post-16:

<https://www.ccsc.staffs.sch.uk/index.php/information/careers-post-16>

A polite reminder that the following are NOT allowed.... Leggings, Jewellery and False Nails

**SCHOOL
BLAZERS**

Blazers must be worn at ALL times

- Must arrive to school wearing blazer (not put it on in the corridor) or shoved in their bags.
- Worn on corridors between lessons
- Worn when arriving and leaving a lesson
- If they take them off in lessons, they need to be on the back of chair NOT shoved back in bags.
- If hot, the school will be more flexible.



Hoodies or jumpers should **NEVER** be worn underneath blazer or instead of blazer.

(Plain black jumpers can still be worn underneath blazer for extra warmth)



English Department

Discover your next great read

Sora



Chesterston Community Sports College
KS4 Reading Passport

Name: _____ Form: _____

English Maths Science MFL

Humour Option A Option B Option C

Get a star each time you find a sentence in a recommended text from your subject and write it below on the book.

Once you've filled in your reading passport you will be able to print it out.

Sora Achievements

Did you know that you can unlock achievements on Sora?

Click on the 'Me' tab.

You can see your statistics.

And you can gain achievements – the more you read, the more you will earn!



🌟 English Stars Of The Week 🌟

EW: Eliza Banks-Edwards – amazing effort in her English mock exam, I'm so impressed 😊

KE: Mikala Harrison (10/3 KM) Mikala works hard every lesson and always gives 100%. Lovely work ethic Mikala!

GA: Dev Kuruwitage – Dev has worked exceptionally hard this week in the planning of his Macbeth essay focusing on the relationship between the two main characters. It has been a pleasure to see how focused and dedicated he has been. Well done!

NE: Pippa Barlow & Archie Davies – for their beautiful Macbeth essays based on the theme of guilt. All new terminology included and applied correctly! Well done both!

KDR: Ellie Maddox – for her consistently beautiful attitude and effort in lessons. I know her hard work will pay off 😊

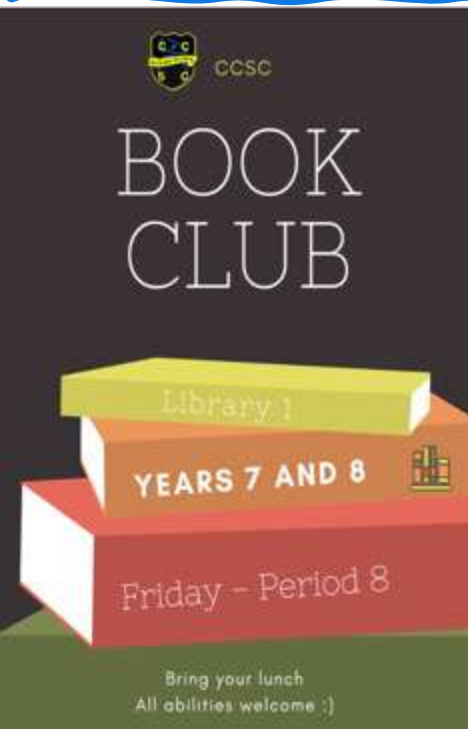
KM: Daisy Cook for her consistent hardwork and desire to succeed. She works SO HARD every lesson and it hadn't gone unnoticed. Xxxx

RF: Holly Lea for her amazing creative writing work this week!

Zak Smart- making a real effort this week. A massive improvement! Well done beaut!

Week		Tuesday	Wednesday
1	Date	20-Feb	21-Feb
	Staff	KM	KDR
	Focus	Paper 2 Question 5	Power and Conflict - Nature
2	Date	27-Feb	28-Feb
	Staff	KW	NE
	Focus	Power and Conflict - War	Paper 2 Question 3
3	Date	05-Mar	06-Mar
	Staff	EW	GA
	Focus	Paper 2 Question 4	Power and Conflict - Identity
4	Date	12-Mar	13-Mar
	Staff	KM	AP
	Focus	Paper 2 Question 3	Power and Conflict - Big 6
5	Date	19-Mar	20-Mar
	Staff	RF	KDR
	Focus	Paper 2 Question 5	Power and Conflict - Comparison

English Department



CCSC

BOOK CLUB

Library 1
YEARS 7 AND 8

Friday - Period 8

Bring your lunch
All abilities welcome :)



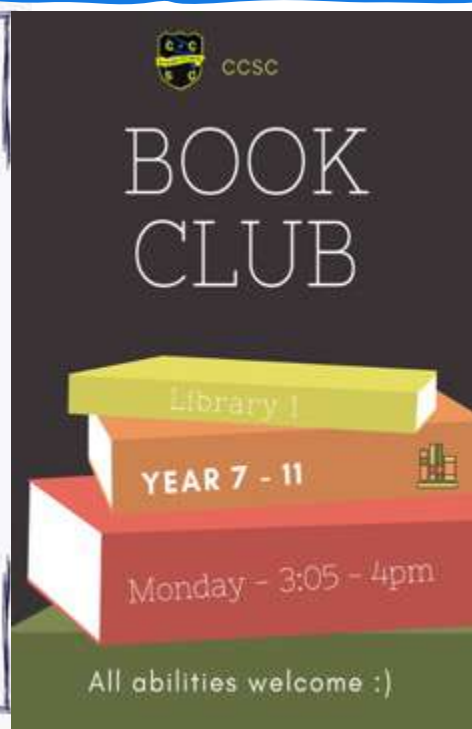
WRITING CLUB

Do you want to be a writer?
Interested in poetry? Short stories?
Each week we will have a go at our own writing.

Thursdays, Lesson 8
Room 7

Open to
Years 7, 8, and 9

See Miss Ferrari in Room 7 for more information.



CCSC

BOOK CLUB

Library 1
YEAR 7 - 11

Monday - 3:05 - 4pm

All abilities welcome :)

February Winners

Liam Pullin, Olivia-Rose Lee, and Tayla Gorman

March 2024 Writing Competition: World Book Day

Create a synopsis for a new story and write the first page.



CCSC Book Club will pick the winner and the overall winner will win a book of their choice!

Email your entries to Mrs Ferrari-Evans by MARCH 31st

Title: "The Enchanted Chronicles: The Quest for the Crystal Key"

Synopsis:

In the mystical land of Eldoria, where magic and wonder abound, a group of Year 7 students embarks on an unexpected adventure. On the eve of the Great Eclipse, a rare celestial event that happens once in a century, a mysterious portal opens, revealing the entrance to the hidden realm of Eldoria. The students, drawn by the allure of the unknown, find themselves transported to a world filled with magical creatures, ancient prophecies, and a quest to find the legendary Crystal Key. The fate of Eldoria hangs in the balance, and the students must unlock their inner potential to save the realm from a looming darkness.

First Page:

Chapter 1: The Portal Unveiled

It was a crisp autumn evening in the small town of Willowbrook, where the leaves painted the trees in hues of red and gold. A group of Year 7 students gathered at the old Oaktree Square, excitedly discussing their plans for the upcoming Great Eclipse. Little did they know that this celestial event held a secret beyond their wildest imaginations.

As the clock struck midnight, the ancient oak tree began to shimmer with an otherworldly light. The students, wide-eyed and curious, felt an invisible force tugging at them. Before they could react, the ground beneath their feet quivered, and a portal emerged, swirling with mystical energy.

Amelia, a brave and adventurous girl with a penchant for solving mysteries, stepped closer to get a better look. The portal beckoned, promising unknown wonders and untold stories. The air crackled with magic as if the very fabric of reality was unraveling.

"Guys, are you seeing this?" Amelia exclaimed, her voice tinged with a mix of excitement and uncertainty.

The group hesitated for a moment, exchanging glances. But the allure of the portal was too strong to resist. One by one, the students cautiously stepped into the swirling vortex, disappearing from the familiar town of Willowbrook.

As they crossed the threshold, a dazzling array of colors enveloped them. They found themselves in a breathtaking realm filled with floating islands, talking creatures, and skies that sparkled like a canvas of diamonds. The portal closed behind them, leaving the students in awe of the enchanting world that awaited their exploration.

Little did they know, their journey was just beginning. The destiny of Eldoria rested on their shoulders, and the quest for the Crystal Key awaited.

AI could unlock secrets of ocean giants

theday.co.uk/ai-could-unlock-secrets-of-ocean-giants



© Freepix

Whale of a time: Whales have been around for 50 million years, much longer than hominids.

Can we talk to whales? With brains six times the size of ours, scientists have long thought these vast beasts hide a formidable intelligence. Some hope tech can get them talking.

In ancient times, sailors heard strange, mournful music vibrating through the hulls of their ships. With no idea what it was, they invented tales of mermaids singing to them from the depths of the ocean.

It was not until the 20th Century that we discovered these underwater tunes were being composed by whales. And as we studied them, we found that whale songs are really not so unlike human languages.

Whales in different parts of the ocean develop their own “**dialects**”.¹ They sing different songs to indicate their feelings: hunger, loneliness and even grief for a loved one.

For some time now, scientists have hoped we might be able to translate this language. But there is a problem.

We can work out the situations in which whales sing particular songs. But we cannot understand what they actually mean.

By way of comparison, imagine you are in France and do not speak any French. You might notice that when two people meet each other, one says “*bonjour, ça va?*” and the other says “*ça va merci, et toi?*”

You would understand in what situations these phrases are used. You could even use them yourself in those situations. But you would not understand what they actually meant. That is the position we are in with whale song.

But all that could be about to change. One team of scientists thinks we can unpick the secrets of whale language using AI. They call themselves the **Cetacean Translation Initiative**, or “CETI”.

ChatGPT, like our hypothetical non-**Francophone** tourist, does not understand languages — not even English. However, unlike us, it is capable of absorbing a vast number of words and predicting how they should be put in order.

That means whereas we can only make out the basics of a language that we do not understand, ChatGPT can mimic an entire conversation. And if we can train it to recognise enough clicks, it might be able to have a conversation with a whale. That is what CETI hopes to achieve.

Sperm whales’ sounds, which are more like a series of clicks, are some of the closest to human language. Each community has a different set of clicks which they teach to their young — who, before they have learnt the right clicks, “babble” like human children.

And there is new evidence that they use something called “**duality of patterning**”, where sounds that are meaningless by themselves are joined into meaningful words.

For example, the **phonemes** “k”, “a” and “t” don’t mean anything individually, but together they mean “cat”. In the same way, each click probably means nothing on its own, but together they form

Of course, that only gets us so far. Even if we could talk to a whale via ChatGPT, we still would not actually understand what it was saying.

However, the AI might be able to get the whales to behave in certain ways as well. We could send them a series of clicks that we think might mean “dive”, and see if they dive. That way we could verify our translations and eventually start conversing with them.

Can we talk to whales?

Whale done

Yes: We know that sperm whales communicate with each other in complex ways. If we can identify enough of their words, we might even be able to have a conversation with them.

No: Most linguists agree that animals do not have language. Only human beings do. They might have ways of communicating information to each other, but that is not the same thing.

Or... Just mimicking whale sounds would not mean we were talking to them. We can “talk” to cats and dogs, after all, in the sense that we can communicate our intentions to them. But they do not really “understand” us.

MFL Department

MFL Boosters This week -
Exam Technique & practice - writing
(90 / 150 words)
Thursday, Room 2 3.15 - 4pm

Miss Moscati's Stars of the Week
Archie Johnstone for excellent participation in lessons. Also **Aafreen Ahmed** and **Esmie Good** for completing an exceptional piece of writing in Spanish.



Headlines from around Europe:

'Crisis' in seaside city in Spain loved by Brits as tourists face strict rules



The water levels at the Malaga Reservoir continue to be dangerously low, and there is no rain expected in the forecast for the upcoming week.

The oldest country in Europe: What's behind Italy's ageing problem?



Declining birth rates and better survival odds for older people have significantly aged Italy's population, causing economists to worry about the country's future.

Strikes bring public transport to near standstill across Germany

Reuters
March 1, 2024 5:22 AM GMT Updated: 4 hours ago



How France have been 'found out' this Six Nations

By Josh Kiley

22 hours ago



France players look dejected after the match ends in a 13-13 tie during the Guinness Six Nations 2024 match between France and Italy at Stade Pierre-Mauroy on February 25, 2024 in Lille, France. (Photo by David...)



Mr Whitehead's Stars of the Week
Daisy Cook, Lacey Palmer and Finnley Hillman for working hard towards the speaking exams and putting in loads of effort in lessons.

Mrs Knight's Star of the Week
Keira Gough for her positive attitude to learning Spanish and for making great progress on the topic of Holidays



Mrs Orton's Star of the Week
Caitlyn Skye Cavanagh for outstanding work and effort in lessons. Keep at the good work!



Miss Bucur's Star of the Week
Benjamin Higgs for working really well in MFL this week.



Mr Shadwell's Star of the Week
Noel Garside for an incredible exam result in Spanish following months of hard work and effort.



Mrs Rutter's Star of the Week
Seb Lloyd for his consistent hard work in Spanish, and especially his speaking practice with Miss Mendez



Science Department

KAHOOT

008799646
B3 Pathogens

005037539
C6 Equilibrium

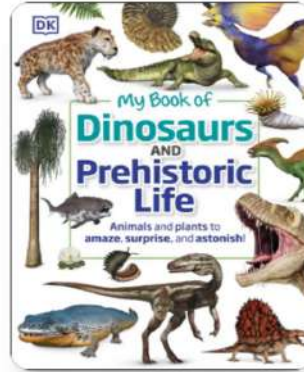
P2 Electrical Symbols
005290623

WEEK 24



Science Book of the Week

Available now on the Sora App!



Most people find dinosaurs interesting but this book is not only about dinosaurs – you will learn about other extinct creatures as well as prehistoric plants and early humans

Can you pronounce the name of this prehistoric animal - quetzalcoatlus



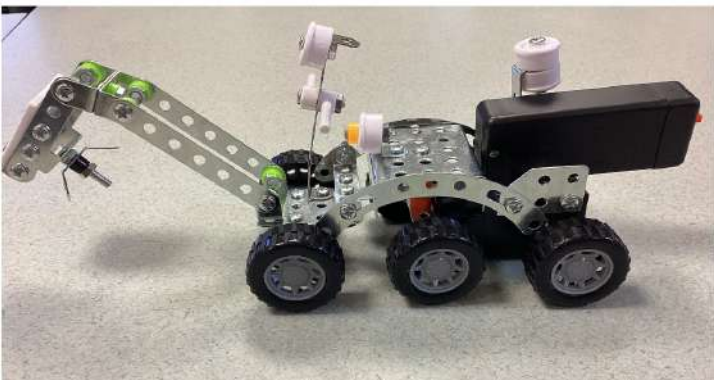
Don't forget to log into Educake EVERY week and complete your weekly Crucial Knowledge Quizzes

	% Correct	Questions Answered	Best Class
Year 7	77.6%	2,797	7/1x Double
Year 8	77.7%	947	8/2y Double
Year 9	75%	2,375	9/1x Double
Year 10	65.7%	452	10/1y Double
Year 11	55.5%	301	11/1x Double
Whole School	75%	6,872	

Student	Year	Class(es)	Qs Answered	% Correct	Qs Set Themselves
1 calixta Issa	10	10 set 1y Sci EF	227	70%	227
2 Paige Vaughan	11	11 set 2y Sci EF	189	46%	189
3 Daphne Spangler *	7	7/1x Sci KE	187	95%	47
4 Sienna Jones	9	9 set 1x Sci HB	161	92%	4
5 Isaac Pimblott *	7	7/1x Sci KE	140	91%	0
6 Noel Garside	7	7/2x Sci EF/PF	126	81%	122
7 Madison Locock	9	9 set 1x Sci HB	106	86%	0
8 Emily Salter *	7	7/1x Sci KE	105	84%	0
9 Matthew Mayall *	7	7/1x Sci KE	105	86%	0
10 Layla Ralphs	9	9 set 1y Sci KE	102	78%	42

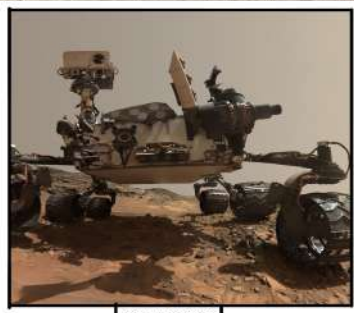
Student	Year	Class(es)	Qs Answered	% Correct	Qs Set Themselves
1 Luca Williams	8	8/2y Sci CD	40	98%	0
2 Edith Meeson	8	8/1y Sci EF	57	98%	0
3 Jack Ball *	7	7/1x Sci KE	35	97%	0
4 Holly Davies	9	9 set 1x Sci HB	81	96%	0
5 Scarlett Wilson	7	7/1y Sci CD	20	95%	0
6 Freddy Smart	8	8/2y Sci CD	20	95%	0
7 Cara Daley	8	8/1x Sci Sci MC	20	95%	20
8 Daphne Spangler *	7	7/1x Sci KE	187	95%	47
9 Jake Brant-Clews	7	7 set 4 Sci PF	16	94%	0
10 Max Evans *	7	7/1x Sci KE	70	94%	0

Olivia Rose-Lee in Y7 has made her own Mars Rover, she bought it in today. It has a motor on it and goes at a fair quick – probably give Mr Farr’s hydrogen cars a run for their money.



Mars rovers

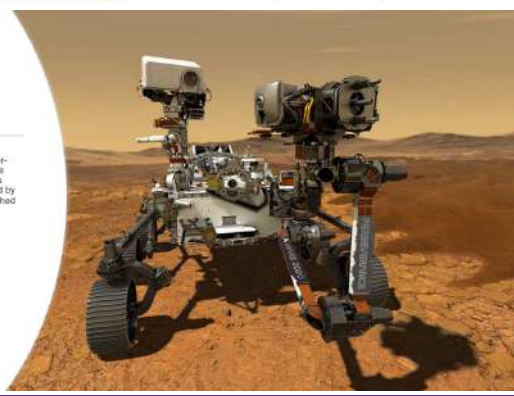
- As of August 2023, there have been six successful rovers
- The rovers are called: Sojourner(1997), Spirit (2004), Opportunity(2004), Curiosity(2012), Perseverance (2021)



Curiosity Rover

Perseverance

- Perseverance, nicknamed Percy, is a car-sized Mars rover designed to explore the Jezero crater on Mars as part of NASA's Mars 2020 mission. It was manufactured by the Jet Propulsion Laboratory and launched on July 30, 2020, at 11:50 UTC.



CAN YOU DESIGN A NEW BODY FOR OUR RC CAR THAT WE WILL RACE IN SCOTLAND LATER THIS YEAR.

YOU CAN DESIGN A NEW SHAPE, THE COLOUR SCHEME OR BOTH.

THE SIZE OF THE CAR BODY HAS TO BE BETWEEN 36-47CM LONG, 18-22CM WIDE, AND 11-13CM TALL. IT CAN HAVE SPOILERS AS LONG AS IT IS NOT ABOVE THE ROOF OF THE CAR.

HYDROGEN POWERED RC CAR DESIGN COMPETITION

MR FARR ROOM 22	TUES & WED 3-4PM	COME ALONG
--------------------	---------------------	---------------

DEADLINE MARCH 20TH



Revise and you could win a prize!

Five lucky students who use Educake's Revision Wizard will win a £50

One4all gift card (for use at 130+ retailers in store and online) in a random prize draw.

To enter the prize draw, log in to Educake every week between now and 21st April and use the Revision Wizard to answer at least 10 questions, and you'll be in with a chance!



What if I miss a week?

The contest runs for 7 weeks, from 4 March – 21 April. To be entered in the draw, you must answer at least 10 Revision Wizard questions in at least 4 of the 7 weeks.

- Week 1: 4-10 March
- Week 2: 11-17 March
- Week 3: 18-24 March
- Week 4: 25-31 March
- Week 5: 1-7 April
- Week 6: 8-14 April
- Week 7: 15-21 April

E.g. If you answer 10+ questions during weeks 2, 3, 5 & 6, you will be entered into the draw.





- PSCH – Exploring pathways
- Opportunities with Higher Horizons begin
- Parent Workshops – Helping your child with their future choices
- Business and Enterprise Day
- Careers Week
- Employer Encounters in Lessons
- Careers Links on the Newsletter

- PSCH – CV Writing and Applications
- Opportunities (apprenticeships/training) advertised on Teams pages
- Parent/Pupil newsletter sent out regularly
- Careers Interviews continue
- SLT Interviews
- College/University Taster sessions
- College/University/Training provider assemblies
- Careers Evening
- Contact continues after Year 11

- PSCH – Start Programme
- Creative Learning Week
- BUZZ Quiz
- START Programme
- Assemblies and Topic of the Week
- Careers Week
- Employer Encounters in Lessons
- Careers Links on the Newsletter

- PSCH – Employability
- Options Process/Options Evening
- START Programme
- Assemblies and Topic of the Week
- RAF, Cadets and STEM opportunities
- Big Bang Event
- Careers Week
- Option Taster Sessions
- Employer Encounters in Lessons

- PSCH – Work Experience, Myth busting and Stereotypes
- Careers Interviews (Mark Stubbs)
- Work Experience
- Post 16 Week
- Mentoring with Career ready
- Careers Ambassadors
- Higher Horizons - curriculum opportunities
- College/University/Training provider assemblies
- Careers Evening
- Careers Week
- Employer Encounters in Lessons

CCSC Careers Programme



HEALTH & SOCIAL

Most Asked Questions And Answers!

What does the Health & Social course involve?

In Health & Social, you will complete three units of work. These include two internal assessment units for your coursework, each contributing 30% to your GCSE. Also, including coursework you will sit an exam unit which contributes to 40% of your grade.

Why is Health & Social important?

Studying Health & Social will help you to understand the needs of others and how to provide help for them. You will learn the essential knowledge on a person's growth, development and wellbeing and how promote maintaining these to be healthy.

How can Health & Social benefit me in the future?

After year 11, if you wish to continue doing Health & Social there are a wide range of courses available in college, such as A-levels, or BTECs. Additionally, if you choose to go to university, you will be open to exciting courses if you are interested in a degree in Midwifery, psychology or nursing.

What jobs can you get in Health & Social?

If you graduate from university with a degree you will be able to explore careers such as: a social worker, a counsellor, an occupational therapist, a nurse, a paramedic or a midwife.

Colleges

Newcastle College

<https://nscg.ac.uk/events/newcastle-openevents>



Stoke on Trent College

<https://www.stokecoll.ac.uk/open-events/>



Cheshire College

<https://www.ccsw.ac.uk>



Reaseheath College

<https://www.reaseheath.ac.uk>



Stoke 6th Form

<https://www.stokesfc.ac.uk>



Alsager 6th Form

<https://www.alsagerschool.org/alsager-6th-form/>

Kings 6th Form

<https://thekings.staffs.sch.uk/welcome-1/>

PM Training (Achieve training)

<https://www.achievetraining.org.uk/events>



Equality Training

<https://equality.training>

Martec Training

<https://www.martectraining.co.uk>



OPEN EVENTS 2023/24

Pre-registering for the events via the college website is highly recommended

**Please check college / provider websites for any last-minute changes



Newcastle College (NSCG): 01782 715111

- 4th October 2023 5:30pm - 8pm
- 16th November 2023 5:30pm - 8pm
- 20th January 2024 10am - 12 noon
- 20th April 2024 10am - 12 noon

Reaseheath College: 01270 625131

- 7th October 2023 10:30am - 2pm
- 4th November 2023
- 2nd December 2023
- 13th January 2024
- 10th February 2024
- 23rd March 2024
- 20th April 2024
- 8th June 2024

Cheshire College: 01270 654654, (Crewe campus)

- 11th October 2023 5:30pm - 8:00pm
- 14th November 2023 5:30pm - 8:00pm

Stoke-On-Trent College: 01782 208206, (Burslem & Caudon)

- 18th October 2023 5:00pm - 7:30pm
- 29th November 2023 5:00pm - 7:30pm
- 6th March 2024 5:00pm - 7:30pm
- 18th May 2024 10am - 2pm
- 26th June 2024 5:00pm - 7:30pm

Stoke Sixth Form College: 01782 848736

- 11th October 2023 5:00pm - 7:00pm
- 21st November 2023 5:00pm - 7:00pm
- 27th February 2024 5:00pm - 7:00pm

Open Events 2023

Wednesday 4 October 2023, 5:30pm - 8pm

Thursday 16 November 2023, 5:30pm - 8pm

Saturday 20 January 2024, 10am - 12noon

Saturday 20 April 2024, 10am - 12noon



Visit websites below for information / forthcoming events at:

MARTEC Training:

E. Quality Training: (Newcastle, Hanley, Stafford centres)

School 6th Forms:

Alsager School

The King's CofE Academy (Kidsgrave)

Trinity 6th Form

St Joseph's College: (Trent Vale)



New Trick Every Week!

Magic trick of the week – try this!!!



20. Brain Power

Prep:

Before you perform the trick, choose a friend to assist you and explain to them how it works. Tell your assistant to always inquire about the audience-chosen object after an item that's the colour black. Your assistant will appear to be "testing" your powers in front of the audience.

How to do the trick:

Tell your audience that you have psychic powers. Ask your friend to assist you, then instruct the audience that they must choose an object when you leave the room. When they call you back in, ask the audience to concentrate on the item and then ask your assistant to start testing your powers. Have your assistant go through different objects in the room asking: "Is it the yellow chair? Is it the green rug?" etc.

Ah haa - astound all when you correctly identify the object!

Get Some Sleep

Need.
More.
Sleep.



14th International Day of Mathematics / Pi Day,
17th World Sleep/ St Patricks Day
(Week beginning 11th March 2024)

Sleep

If you don't get enough sleep

The amount of sleep we need per day reduces as we get older:

Newborns (0-3 months). 14-17 hours

Children (6-12 years). 9-12 hours

Teenagers (13-18 years). 8-10 hours

According to experts, it is rare for anyone to need fewer than 6 hours of sleep per day to function well. Although some people might claim to feel fine with limited sleep scientists think that it is more likely that they are used to the negative effects of reduced sleep.

Sleep deficiency (not enough sleep) can cause problems with learning, focusing and reacting. You may have trouble making your decisions, solving problems, remembering things, managing your emotions and coping with change. You may take longer to finish tasks, have a slower reaction time and make more mistakes.

How to get a good night's sleep.

The NHS website offers the following advice;

- Have a good sleep routine. (Start winding down, then go to bed and wake up: all at set times).
- Relax (should be part of your pre-sleep routine). (Don't use your phone, tablet or computer for at least an hour before bed. Read, listen to calming music or a podcast instead).
- Resolve any worries (Discuss any problems or keep a diary/journal. Make a to-do list for the next day).
- Create the right environment for sleep. (Quiet, uncluttered, dark and cool).
- Improve sleep through a proper diet and regular exercise. (Don't eat large meals before bed, avoid caffeine (1-2 hours) before bed. Exercise earlier in the day).



Tips for a better night's sleep

We spend a third of our lives sleeping. Aim to excel at it!

PRIORITIZE. Set an alarm to get to bed, and ensure you are getting 7 to 9 hours of sleep each night.	SET A ROUTINE. Maintain a consistent work, exercise, meal, and sleep routine.	UNPLUG. Avoid screen time close to bedtime. The blue light from your device disrupts your circadian rhythm.	AVOID CAFFEINE. Avoid caffeine at least 8 hours before bedtime and earlier if you are more sensitive to it.	OPTIMIZE ENVIRONMENT. Do not use your device screen for games, television, or social media for a while, quiet and cool sleep space.	OTHER TIPS. Do not use alcohol as a sleep aid. Contact your primary care provider if sleep problems persist.	

Theme of the week

Get Some Sleep

Don't forget to check you emails and Teams DAILY to complete your homework quizzes/assignments!



Have an idea, event or news that you want to share in next week's edition please email

Miss Edwards kedwards@ccsc.staffs.sch.uk