



**Further Education & Qualifications**  
Cardiff Met University - BSC (Hons) Sport & Physical Education  
University of Birmingham - Post Graduate Diploma in Education

**Schooling**

Northleigh Primary

Dyson Perrins

Hereford Sixth Form College



**Mr L Essenhigh**  
Teacher of PE/Head of Year




**Interests and hobbies**

- Playing rugby
- Skiing
- Golf

**When I was younger, I wanted to be...**

**A PE Teacher**

I come from a family with a few PE teachers and liked the idea of it from when I was young.

**Previous Jobs**

- Gym Assistant
- Rugby Coach
- Landscape Labourer

Be the best you can be.